

Saturday 29th January Event 1 Heptathlon: #1 Men 60 m Senior Men

CBP: B 6.88 16/02/2019 Jack Phipps, Birchfield H
2019: 6.88 16/02/2019 Jack Phipps, Birchfield H
2020: 7.03 01/02/2020 Jack Phipps, Birchfield H

Name	Age	Team	Finals	Points
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Section 1

1	Howard Bell	KILBARCHAN AAC	7.38	752
2	Matthew Chandler	KILBARCHAN AAC	7.70	650
3	Eden Duff	KILBARCHAN AAC	7.88	595
4	Ron Todd 55	CENTRAL AC	8.77	671
5	Derek Warn 55	SOUTHAMPTON AC	9.90	396

Saturday 29th January Event 2 Heptathlon: #1 Men 60 m U20 Men

CBP: B 7.07 16/02/2019 Scott Connal U20, Edinburgh AC
2019: 7.07 16/02/2019 Scott Connal U20, Edinburgh AC
2020: 7.19 01/02/2020 Adam Hoole, Team East Lo

Name	Age	Team	Finals	Points
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1	Dakota Sattar	VP-GLASGOW AC	7.58	687
2	Euan Wallace	CUMBERNAULD AAC	8.09	534
3	Ross Lawrie	CENTRAL AC	8.27	484
4	Lewis Vick	NORTH AYRSHIRE AAC	8.39	452

Section 2

1	Louis Morrison	TRAFFORD AC	7.39	749
2	William Hodi	NAIRN AREA AAC	7.45	729
3	Alister Mackay	INVERNESS HA	7.55	697
4	Jonathan Cameron	INVERCLYDE AC	7.79	622
5	Dean Murdoch	ELGIN AAC	7.87	598

Saturday 29th January Event 3 Heptathlon: #1 Men 60 m U17 Men

CBP: B 7.20 04/03/2017 Robbie Farquhar, Aberdeen AAC
2019: 7.34 16/02/2019 Adam Hoole U17, Team East Lo
2020: 7.61 01/02/2020 Alister Mackay, Inverness Ha

Name	Age	Team	Finals	Points
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Section 1

1	Ben Heron	NORTH AYRSHIRE AAC	7.56	694
2	James Harney	EAST CHESHIRE	7.61	678
3	Callum Newton	DUNFERMLINE	7.91	586
4	Tom Palmer	ELGIN AAC	8.83	343

Section 2

1	Daniel Martin	GIFFNOCK NORTH AC	7.58	687
2	Hayden Blunn	MACCELSFIELD	7.74	637
3	Lucas Seal	LEVEN VALLEY AC	7.89	592
4	Dylan Gee	NORTH AYRSHIRE AAC	7.92	583
5	Finn Bryce	ABERDEEN AAC	8.05	545

Saturday 29th January Event 4 Indoor Pentathlon: #1 Boys 60 m H U13 Boys

CBP: B 9.83 03/02/2018 Daniel Martin, Giffnock Nor
2019: 10.10 16/02/2019 Callum Newton, Dunfermline
2020: 10.32 01/02/2020 Luc Macleod, Banchory Sto

Name	Age	Team	Finals	Points
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Section 1

1	Charlie Hunter	DUNFERMLINE	10.99	369
2	Abraham Lanahan	SHETTLESTON	11.04	362
3	Ricco Begnor	AYR SEAFORTH AC	12.16	207
4	Zach White	SPRINGBURN HARRIERS	12.21	201
5	Murray Graham	SHETTLESTON	12.36	184

Saturday 29th January Event 5 Indoor Pentathlon: #1 Boys 60 m H U15 Boys

CBP: B 8.86 01/02/2020 Daniel Martin, Giffnock Nor
2019: 9.28 16/02/2019 Daniel Martin, Giffnock Nor
2020: 8.86 01/02/2020 Daniel Martin, Giffnock Nor

Name	Age	Team	Finals	Points
1 Finlay Cunningham		LIVINGSTON AC	10.27	491
2 Cameron Moore		CENTRAL AC	11.86	245
3 Archie Smith		NAIRN AREA AAC	11.87	243
4 Frazer Lees		PITREAVIE AAC	12.19	204
5 Innes McNicol		KILMARNOCK H&AC	12.38	182
6 Ross Christie		GALA HARRIERS	12.48	171
7 Joe Crawford		SPRINGBURN HARRIERS	12.52	166

Section 2

1 Luke Pichler		BLYTH RUNNING CLUB	8.84B	781
2 Luc Macleod		BANCHORY STO	9.41	658
3 James Clark		VP-GLASGOW AC	9.76	587
4 Lewis Miller		CENTRAL AC	9.96	549
5 Herbie Kay		BOLTON UNITED AC	10.24	497
6 Ross Mitchell		KILMARNOCK H&AC	10.47	456
7 Donald Ross		TEAM EAST LOTHIAN	10.54	444
8 Jamie Connor		CENTRAL AC	10.92	381

Saturday 29th January Event 6 Indoor Pentathlon: #1 Girls 60 m H U13 Girls

CBP: B 9.43 01/02/2020 Emily Bond, North Shield
2019: 10.05 16/02/2019 Ashleigh McArdle, Lifford Stra
2020: 9.43 01/02/2020 Emily Bond, North Shield

Name	Age	Team	Finals	Points
1 Enya Doran		AIRDRIE HARRIERS	10.56	611
2 Dionne Maguinness		AIRDRIE HARRIERS	10.96	543
3 Isla Bamber		PRESTON HARRIERS	11.61	441
4 Alexandra Montgomery		CENTRAL AC	12.00	384
5 Molly Robinson		DUNFERMLINE	12.87	270
6 Caitlin Chalmers		DUNFERMLINE	14.84	82

Section 2

1 Leanna Elliot		AIRDRIE HARRIERS	10.33	652
2 Lauren Hewitt		LEIGH HARRIERS	10.67	592
3 Mairi Nicholson		KILBARCHAN AAC	11.22	501
4 Charlotte Thomas		DUNFERMLINE	11.31	487
5 Erin Longmuir		CUMBERNAULD AAC	12.39	331
6 Murrin Kane		DUNFERMLINE	12.54	311
7 Emily Allison		CUMBERNAULD AAC	12.62	301

Saturday 29th January Event 7 Women 4x200 m Relay Senior Women

6 Advance: Top 2 Each Heat plus Next 2 Best Times

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National: N 1:39.17 17/02/1990 SCOTLAND
D Brown L Macdonald R Girvin G McIntyre
Club: C 1:40.75 16/02/2019 VP-Glasgow AC, VP-Glasgow A
R Taylor, L Greig, E Miller, C Lambert
CBP: B 1:40.75 16/02/2019 VP-Glasgow AC, VP-Glasgow A
R Taylor, L Greig, E Miller, C Lambert
2019: 1:40.75 16/02/2019 VP-Glasgow AC, VP-Glasgow A
R Taylor, L Greig, E Miller, C Lambert
2020: 1:42.29 01/02/2020 474 Edinburgh AC, 474 Edinb
E Pedrana, I Innes, S Malone, S Downie
Team Heat
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Heats 1 Heat

1 1272 GIFFNOCK NORTH AC A 1:41.99Q
1) Eve Denholm 2) Caroline MacConnell
3) Emma Barclay 4) Rachel Callan
2 1260 DUNDEE HAWKHILL HARRIERS 1:47.21Q
1) Lucie Nicoll 2) Katie Clark
3) Iona Esslemont 4) Mhia Mouat
3 1288 KILMARNOCK H&AC 1:51.17
1) Georgia Brawley 2) Hannah Burn
3) Lorne Kerr 4) Shona Mcbean-Kyle
4 1256 CENTRAL AC 1:53.96
1) Chloe Watt 2) Amelie MacGregor
3) Teagan McIntosh 4) Megan Dunlop
5 1280 HELENSBURGH AAC 1:58.22
1) Lexi Kenhard 2) Katie Flet
3) Jennifer Scott 4) Isla McKinnon

Heats 2 Heat

1 1264 EDINBURGH AC 1:41.89Q
1) Emily Craig 2) Holly McArthur
3) Joda Kokovworho 4) Katie Purves
2 1308 VP-GLASGOW AC A 1:45.84Q
1) Catriona Scott 2) Evie Greig
3) Holly Kirkwood 4) Anna Cameron
3 1292 LAW & DISTRICT AAC 1:47.94q
1) Sophie Evans 2) Emily McNicol
3) Rosie Watson 4) Leah Keisler
4 1296 LIVINGSTON AC 1:48.91q
1) Iona McDonald 2) Erin Cameron
3) Megan Forrester 4) Abby Duncan
5 1300 PITREAVIE AAC 1:49.27
1) Katie Dinwoodie 2) Emma Pedrana
3) Lynn Harvey 4) Jennifer Allan
6 1252 AIRDRIE HARRIERS 1:50.90
1) Roisin Smith 2) Emma Millar
3) Eva Hay 4) Morrin McMenemy

Saturday 29th January Event 8 Men 4x200 m Relay Senior Men

6 Advance: Top 2 Each Heat plus Next 2 Best Times

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National: N 1:26.94 17/02/1990 SCOTLAND
                B Ashburn M Davidson G McMillan M McMahon
Club: C 1:27.96 17/02/2019 Strathclyde Uni
                F Angus, G Kelly, L Brown, A Schenini
CBP: B 1:29.30 2015 Pitreavie AAC
2019: 1:30.50 /02/2019 Edinburgh AC, Edinburgh AC
                M Leslie, B Ajala, S Drummond, R Green
2020: 1:29.31 01/02/2020 405 Giffnock North AC, 405
                R Veitch, S Murray, M Fotheringham, F Waugh
Team Heat
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Heats 1 Heat

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1 1546 KILMARNOCK H&AC 1:32.69Q
  1) Josh Smith
  2) Lewis Tidy
  3) Ally Mitchell
  4) Andrew Baird
2 1524 EDINBURGH AC 1:33.06Q
  1) Ewan Purves
  2) Bradley Francis
  3) Mateo Hughes
  4) Alexander Poustie-Williamson
3 1530 GIFFNOCK NORTH AC A 1:34.43
  1) Khaliq Kelani
  2) Jacob Luc
  3) Daniel Boyle
  4) Ross Veitch
4 1550 LAW & DISTRICT AAC 1:35.29
  1) Mark Smith
  2) Matthew Gillon
  3) Cameron Martin
  4) James McClafferty
5 1562 TEAM EAST LOTHIAN 1:35.51
  1) Lewis Goodall
  2) Euan Grierson
  3) Rhys Black
  4) Cameron Smith
6 1512 CENTRAL AC 1:38.76
  1) Euan Smith
  2) Christopher Driver
  3) Finlay Marchant
  4) Eric Escala
    
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Heats 2 Heat

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1 1542 KILBARCHAN AAC B 1:28.48Q
  1) Kade Thomas
  2) Stephen Johnston
  3) Stephen Dunlop
  4) Krishawn Aiken
2 1572 VP-GLASGOW AC 1:29.98Q
  1) Ethan Pottie 20
  2) David Wilson 20
  3) Sol Stewart 20
  4) Jamie Stevenson 20
3 1568 TWEED LEADER JED TRACK 1:31.98q
  1) Douglas Young
  2) Ryan Elliot
  3) Gordon Armstrong
  4) Scott Tindle
4 1558 PITREAVIE AAC 1:32.17q
  1) Rory Voss
  2) Taylor Roy
  3) Steven Perrie-Clyde
  4) Logan Fearn
5 1554 LIVINGSTON AC 1:35.21
  1) Matthew Power
  2) Brodie Nixon
  3) Richard Arthurs
  4) Aiden Brady
6 1534 GIFFNOCK NORTH AC B 1:39.37
  1) Ross Gourlay
  2) Aidan Cunning
  3) Neil Hutchison
  4) Sam Jarvis
    
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Saturday 29th January Event 9 Girls 4x200 m Relay U13 Girls

6 Advance: Top 1 Each Heat plus Next 3 Best Times

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National: N 1:51.98 20/03/2016 Giffnock North AAC
                A Bell N Smith MR Cairns L Sturgeon
Club: C 1:51.98 20/03/2016 Giffnock North AAC
                A Bell N Smith M R Cairns L Sturgeon
CBP: B 1:53.66 13/02/2016 Giffnock North AAC, Giffnoc
2019: 1:55.89 17/02/2019 Giffnock North AC, Giffnock
                E MCKAY, M MCKENZIE, S FERGUSON, E WILLIAMS
2020: 1:54.84 15/02/2020 539 Giffnock North AC, 539
                E Williams, M MacKenzie, C McGeachy, H Adakomola
    
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Team Heat

Heats 1 Heat

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1 1040 INVERCLYDE AC 2:07.94Q
  1) Grace Barry
  2) Nuala Munro
  3) Cara McDougall
  4) Olivia Law
2 1016 DUNDEE HAWKHILL HARRIERS 2:13.15
  1) Alliviah Bell
  2) Beth Aitchison
  3) Breagha Hastie
  4) Oliivia Paton
3 1004 AIRDRIE HARRIERS 2:14.02
  1) Tiegan Spittal
  2) Kate Fagan
  3) Leah Paterson
  4) Kady Wood
4 1036 HAMILTON & DISTRICT AC 2:16.78
  1) Alix Burns
  2) Kacey Elliott
  3) Sophie McCawley
  4) Olivia Davidson
5 1072 SHETTLESTON HARRIERS 2:19.03
  1) Grace Conway
  2) Hannah Black
  3) Leia Connelly
  4) Esme Guinea
    
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Heats 2 Heat

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1 1032 GIFFNOCK NORTH AC 2:02.24Q
  1) Charlotte Malcolm
  2) Holly Simpson
  3) Beatrice Nairne
  4) Anna Hawthorne
2 1044 KILBARCHAN AAC 2:04.56
  1) Isla Miller
  2) Amelie Kerr
  3) Olive Brodie
  4) Olivia Taylor
3 1012 CUMBERNAULD AAC 2:08.75
  1) Lilly Cutler
  2) Amelia-Jayne Storey
  3) Chloe Senior
  4) Freya Bellingham
4 1060 LIVINGSTON AC 2:09.60
  1) Lucy MacMillan
  2) Chloe Zelazny
  3) Holly Robshaw
  4) Rebekah VanVuuren
5 1008 CENTRAL AC 2:19.65
  1) Maisie Beaton
  2) Ava Grace McNicholl
  3) Emily Wakin
  4) Katie Deakin
    
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Heats 3 Heat

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1 1048 KILMARNOCK H&AC 1:57.02Q
  1) Cara Monachello
  2) Lola Barrett
  3) Olivia McMillan
  4) Eilidh Cooke
2 1084 VP-GLASGOW AC 1:59.36q
  1) Rebecca Digger
  2) Auumn Hunter
  3) Bella Gray
  4) Layla Rowlands
3 1068 PITREAVIE AAC 2:01.14q
  1) Molly McElroy
  2) Jenna Heath
  3) Faye Allan
  4) Jenna Fairweather
4 1056 LAW & DISTRICT AAC 2:02.03q
  1) Isla Cameron
  2) Lily Mcmanus
  3) Eilidh Cameron
  4) Sophie Todd
5 1020 DUNFERMLINE TRACK & FIELD 2:07.47
  1) Briony Argo
  2) Holly Lynas
  3) Ana Stobie
  4) Sophie Jenkinson
6 1076 SPRINGBURN HARRIERS 2:18.80
  1) Ella-Rose Templeman
  2) Niamh Wilson
  3) Emma Leitch
  4) Ella O'Brien
    
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Saturday 29th January Event 10 Boys 4x200 m Relay U13 Boys

6 Advance: Top 2 Each Heat plus Next 2 Best Times

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National: N 1:53.10 19/03/2005 Central AC
                C Clarke K Henderson R Irvine M Paterson
Club: C 1:53.10 19/03/2005 Central AC
                C Clarke K Henderson R Irvine M Paterson
CBP: B 1:54.13 17/02/2019 Edinburgh AC, Edinburgh AC
                P Barnes, H Nussey, A Batchelor, C Gettinby
2019: 1:54.13 17/02/2019 Edinburgh AC, Edinburgh AC
                P Barnes, H Nussey, A Batchelor, C Gettinby
2020: 1:55.12 15/02/2020 467 VP-Glasgow AC, 467 VP-G
                F Hall, O Petrie, J Clark, M Bryce
    
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Team Heat

Heats 1 Heat

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=====
1 1332 GIFFNOCK NORTH AC 1:58.24Q
    1) Angus Weir
    2) Paul Rolfe
    3) Cameron Mitchell
    4) Alistair Gear
2 1324 DUNDEE HAWKHILL HARRIERS 2:08.94Q
    1) Oliver Shepherd
    2) Shay Alipour
    3) Charlie Dunn
    4) Freddie Lothian
3 1328 DUNFERMLINE TRACK AND FIE 2:08.95q
    1) Luke Hamilton
    2) Finlay Gaughan
    3) Lochlan Walker
    4) Gregor Fraser
4 1320 CUMBERNAULD AAC 2:13.89
    1) Aiden Arnott
    2) Logan Rodgers
    3) Rory Mcfarlane
    4) Matthew Murray
5 1356 SHETTLESTON HARRIERS 2:17.66
    1) Lucas Millican
    2) Cameron McArdle
    3) Phili Klein
    4) Ryan McCallum
    
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Heats 2 Heat

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1 1352 PITREAVIE AAC 2:01.51Q
    1) Michael Massey
    2) Ruairaidh Barnett
    3) Brodie Simon
    4) Fraser Muir
2 1340 LAW & DISTRICT AAC 2:02.91Q
    1) Luke Evans
    2) Blair Beverley
    3) Jack Duffin
    4) Gabriel Calderwood
3 1344 LIVINGSTON AC 2:06.58q
    1) Connor Greenhorn
    2) Rhys Boyle
    3) Sam Spence
    4) Ethan Smyth
4 1368 VP-GLASGOW AC 2:09.88
    1) Adam Brittain
    2) Adam Murray
    3) Ethan Slack
    4) Archie Bartley
5 1336 HARMENY AC 2:10.17
    1) Evan Louca
    2) David Currie
    3) Ben Paterson
    4) Zac Louca
    
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Saturday 29th January Event 11 Women 4x200 m Relay Senior Women

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=====
National: N 1:39.17 17/02/1990 SCOTLAND
                D Brown L Macdonald R Girvin G McIntyre
Club: C 1:40.75   /02/2019 VP-Glasgow AC, VP-Glasgow A
                R Taylor, L Greig, E Miller, C Lambert
CBP: B 1:40.75   /02/2019 VP-Glasgow AC, VP-Glasgow A
                R Taylor, L Greig, E Miller, C Lambert
2019: 1:40.75   /02/2019 VP-Glasgow AC, VP-Glasgow A
                R Taylor, L Greig, E Miller, C Lambert
2020: 1:42.29   01/02/2020 474 Edinburgh AC, 474 Edinb
                E Pedrana, I Innes, S Malone, S Downie
Team                                                    Finals
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Section 1 Finals

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1 1264 EDINBURGH AC                                     1:41.22
  1) Emily Craig                                     2) Holly McArthur
  3) Joda Kokovworho                               4) Katie Purves
2 1272 GIFFNOCK NORTH AC A                             1:41.44
  1) Eve Denholm                                    2) Caroline MacConnell
  3) Emma Barclay                                   4) Rachel Callan
3 1260 DUNDEE HAWKHILL HARRIERS                       1:44.83
  1) Lucie Nicoll                                   2) Katie Clark
  3) Iona Esslemont                                4) Mhia Mouat
4 1308 VP-GLASGOW AC A                                 1:45.86
  1) Catriona Scott                                2) Evie Greig
  3) Holly Kirkwood                                4) Anna Cameron
5 1292 LAW & DISTRICT AAC                               1:47.54
  1) Sophie Evans                                   2) Emily McNicol
  3) Rosie Watson                                  4) Leah Keisler
6 1296 LIVINGSTON AC                                   1:49.36
  1) Iona McDonald                                  2) Erin Cameron
  3) Megan Forrester                               4) Abby Duncan
    
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Saturday 29th January Event Men 4x200 m Relay Senior Men

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National: N 1:26.94 17/02/1990 SCOTLAND
                B Ashburn M Davidson G McMillan M McMahon
Club: C 1:27.96   17/02/2019 Strathclyde Uni
                F Angus, G Kelly, L Brown, A Schenini
CBP: B 1:29.30   2015 Pitreavie AAC
2019: 1:30.50   /02/2019 Edinburgh AC, Edinburgh AC
                M Leslie, B Ajala, S Drummond, R Green
2020: 1:29.31   01/02/2020 405 Giffnock North AC, 405
                R Veitch, S Murray, M Fotheringham, F Waugh
Team                                                    Finals
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1 1542 KILBARCHAN AAC                                  1:27.20C
  1) Kade Thomas                                    2) Stephen Johnston
  3) Stephen Dunlop                                4) Krishawn Aiken
2 1572 VP-GLASGOW AC                                  1:28.46B
  1) Ethan Pottie 20                               2) David Wilson 20
  3) Sol Stewart 20                                 4) Jamie Stevenson 20
3 1558 PITREAVIE AAC                                  1:31.20
  1) Rory Voss                                       2) Taylor Roy
  3) Steven Perrie-Clyde                            4) Logan Fearn
4 1546 KILMARNOCK H&AC                                1:31.21
  1) Josh Smith                                       2) Lewis Tidy
  3) Ally Mitchell                                   4) Andrew Baird
5 1524 EDINBURGH AC                                  1:32.13 YC 1521 (18.5)
  1) Ewan Purves                                       2) Bradley Francis
  3) Mateo Hughes                                       4) Alexander Poustie-Williamson
    
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Saturday 29th January Event 13 Girls 4x200 m Relay U15 Girls

6 Advance: Top 1 Each Heat plus Next 2 Best Times

National: N	1:46.21	/03/2019	VP-Glasgow AC, VP-Glasgow A H Kirkwood, C Scott, J Hilditch, E Greig
Club: C	1:46.21	/03/2019	VP-Glasgow AC, VP-Glasgow A H Kirkwood, C Scott, J Hilditch, E Greig
CBP: B	1:46.41	17/02/2019	VP-Glasgow AC, VP-Glasgow A J Hilditch, C Scott, H Kirkwood, E Greig
2019:	1:46.41	17/02/2019	VP-Glasgow AC, VP-Glasgow A J Hilditch, C Scott, H Kirkwood, E Greig
2020:	1:47.41	15/02/2020	511 Giffnock North AC, 511 A Mayer, E Hunter, E Watson, E Ramsay

Team Heat

Heats 1 Heat

1	1144 LAW & DISTRICT AAC	1:48.05Q
	1) Laura Watson	2) Neve Murray
	3) Lauren McNair	4) Tehillah Okonkwo
2	1132 KILBARCHAN AAC	1:56.22
	1) Emily Clark	2) Grace Farquhar
	3) Poppy Bowers	4) Eva Carvil
3	1136 KILMARNOCK H&AC	1:56.42
	1) Breya Gibson	2) Carly Fraser
	3) Leah Henderson	4) Molly Hunter
4	1128 HARMENY AC	1:57.28
	1) Ella Jones	2) Georgia Bruce
	3) Ella McGowan	4) Olivia Muir
5	1156 SHETTLESTON HARRIERS	2:01.41
	1) Ava Millican	2) Katie Woods
	3) Emma Leiper	4) Chloe Fox

Heats 2 Heat

1	1168 VP-GLASGOW AC	1:52.49Q
	1) Ava Mitchell	2) Emily Doyle
	3) Aneesah Oubacha	4) Jessie Caig
2	1100 CUMBERNAULD AAC	1:54.12q
	1) Niah Taylor	2) Ava Clark
	3) Niamh Reilly	4) Millie Goodwin
3	1108 DUNFERMLINE TRACK AND FIE	1:54.24
	1) Sarah Kane	2) Millie McKenzie
	3) Amy Jenkinson	4) Sophie Thomas
4	1124 HAMILTON & DISTRICT AC	2:01.64
	1) Sophie Shearer	2) Skye Davidson
	3) Abbie Dick	4) Layla Reddiex
5	1104 DUNDEE HAWKHILL HARRIERS	2:07.26
	1) Iris Nicoll	2) Tilly McLardy
	3) Leigha Davidson	4) Beth Kemlo

Heats 3 Heat

1	1120 GIFFNOCK NORTH AC	1:50.44Q
	1) Hannah Turnbull	2) Emily Williams
	3) Madeleine MacKenzie	4) Sarah McNulty
2	1116 ELGIN AAC	1:55.29
	1) Ava Cruickshank	2) Lauren Abbott
	3) Lexi Grant	4) Evie Collins
3	1152 PITREAVIE AAC	1:55.32
	1) Laurie Hunter	2) Sophie Falconer
	3) Jenna Young	4) Christie Cameron
4	1164 TEAM EAST LOTHIAN	2:02.40
	1) Aoife Swan-Ashe	2) Molly Curran
	3) Kirsten Goodall	4) Hannah Scott
5	1160 SPRINGBURN HARRIERS	2:03.26
	1) Emilia Murray	2) Olivia Kay
	3) Holly Young	4) Anna Kelly

Saturday 29th January Event 13 Girls 4x200 m Relay U15 Girls

6 Advance: Top 1 Each Heat plus Next 2 Best Times

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Heats 4 Heat

1	1112 EDINBURGH AC	1:48.42Q
	1) Katie Reid	2) Marianna Maclean
	3) Connie Sanderson	4) Jedidah Ajala
2	1148 LIVINGSTON AC	1:48.71q
	1) Enam Evong	2) Robyn Allan
	3) Jemma Smith	4) Kishi Aremu
3	1096 CENTRAL AC	1:56.76
	1) Sophia Waring	2) Fia Watkin
	3) Tabitha Mackenzie	4) Rowan Calveley
4	1092 AIRDRIE HARRIERS	1:59.81
	1) Eihlinn Gillespie	2) Lucille King
	3) Millie Gairn	4) Emma Hamilton

Saturday 29th January Event Boys 4x200 m Relay U15 Boys

6 Advance: Top 2 Each Heat plus Next 2 Best Times

National: N	1:38.83	/03/2019	Edinburgh AC, Edinburgh AC
			M Hughes, O Finlayson, A Holmes, T Kelly
Club: C	1:38.83	/03/2019	Edinburgh AC, Edinburgh AC
			M Hughes, O Finlayson, A Holmes, T Kelly
CBP: B	1:39.21	2008	Giffnock North
2019:	1:41.51	/02/2019	Edinburgh AC, Edinburgh AC
			M Hughes, O Finlayson, A Holmes, T Russell
2020:	1:41.28	15/02/2020	434 Giffnock North AC, 434
			E O'Brien, D Martin, F Chan, E Joyce
Team			Heat

Heats 1 Heat

1	1432 SHETTLESTON HARRIERS	1:41.36Q
	1) Jay Simpson	2) Matthew Fox
	3) Callum Thomson	4) Johnathan Hooper
2	1444 VP-GLASGOW AC	1:46.51Q
	1) Finlay Hall	2) Andrew Bain
	3) Ollie Petrie	4) Magnus Byrce
3	1420 LIVINGSTON AC	1:51.20q
	1) Theo Bowerman	2) Cameron Spowart
	3) Kyle McDonald	4) Alex Thomson
4	1428 PITREAVIE AAC	1:53.88
	1) Lewis Muir	2) Joseph Whyte
	3) Archie Rogers	4) Sam Mitchell-Henry
--	1424 MUSSELBURGH AND DISTRICT	DNF
	1) Aaron Mitchell	2) Filip Flisek
	3) Patrick Forsyth	4) Leg 4 1424

Heats 2 Heat

1	1392 GIFFNOCK NORTH AC	1:44.80Q
	1) Rory Taylor-Young	2) Euan Armstrong
	3) Liam Forrester	4) Aaron Reid
2	1416 LAW & DISTRICT AAC	1:46.14Q
	1) Jack Weir	2) John Froid
	3) Calum Hall	4) Owen Murphy
3	1372 DUNDEE HAWKHILL HARRIERS	1:51.01q
	1) Thomas Grant	2) Adam Rogers
	3) Matthew Ferrier	4) Kynan Alipour
4	1440 TEAM EAST LOTHIAN	1:51.47
	1) Jake Page	2) Sam Renton
	3) Fraser Lupton	4) Howie Allison
5	1404 INVERCLYDE AC	1:51.57
	1) Ben Gerrard1401	2) Ben Hammerman
	3) Ash Fulton	4) Freddie McFeate
6	1388 FALKIRK VICTORIA HARRIERS	1:55.45
	1) Hamish Lamont	2) Aaron Hope
	3) Leg 3 GallagherTHAN	4) Cahal McAtarsney

Saturday 29th January Event 15 Women 4x200 m Relay U17 Women

6 Advance: Top 1 Each Heat plus Next 3 Best Times

National: N	1:43.20	17/02/2019	Giffnock North AC, Giffnock
			A Bell, K Foss, R Callan, C MacConnell
Club: C	1:43.20	17/02/2019	Giffnock North AC, Giffnock
			A Bell, K Foss, R Callan, C MacConnell
CBP: B	1:43.20	17/02/2019	Giffnock North AC, Giffnock
			A Bell, K Foss, R Callan, C MacConnell
2019:	1:43.20	17/02/2019	Giffnock North AC, Giffnock
			A Bell, K Foss, R Callan, C MacConnell
2020:	1:44.02	15/02/2020	500 VP-Glasgow AC, 500 VP-G
			K Burr, E Greig, R Hewitson, H Kirkwood
Team			Heat

Heats 1 Heat

1	1228 LAW & DISTRICT AAC	1:48.81Q
	1) Ruth Hynd	2) Susannah Kay
	3) Emma Gilchrist	4) Jade Gray
2	1248 VP-GLASGOW AC	1:52.87
	1) Eve Crawford	2) Cara Kirkwood
	3) Erin Downie	4) Zoe Wilson
3	1212 HAMILTON & DISTRICT AC	1:52.90
	1) Orla Brown	2) Eva Burns
	3) Neve Elliott	4) Tiana Greenshields
4	1220 KILMARNOCK H&AC	1:54.53
	1) Hannah Cairns	2) Elle Kelly
	3) Anna Lambert	4) Kirsty Howe
5	1172 AIRDRIE HARRIERS	1:59.41
	1) Emily Hunter	2) Carisann McCulloch
	3) Grace Wilson	4) Taylor More

Heats 2 Heat

1	1192 DUNFERMLINE TRACK AND FIE	1:50.57Q
	1) Kirstin Penman	2) Darcie Black
	3) Ellie Candlish	4) Shayna Asamoah
2	1184 CUMBERNAULD AAC	1:50.92q
	1) Kaela Senior	2) Rebekah Lawman
	3) Grace Young	4) Kayla Ormiston
3	1240 SPRINGBURN HARRIERS	1:58.36
	1) Hannah Maison	2) Kirsty Macinnes
	3) Marin Gormley	4) Elle White
4	1204 FALKIRK VICTORIA HARRIERS	1:59.43
	1) Hannah Hope	2) Katie Bennie
	3) Lexi Cattanach	4) Emily Fawkes

Heats 3 Heat

1	1236 PITREAVIE AAC	1:47.96Q
	1) Anastasia Cotorobai	2) Erin MacFarlane
	3) Holly Ovens	4) Lily Simon
2	1188 DUNDEE HAWKHILL HARRIERS	1:52.20q
	1) Isabella Passway	2) Grace Cook
	3) Beth Collins	4) Hazel Will
3	1208 GIFFNOCK NORTH AC	1:52.80q
	1) Erin Ramsey	2) Holly Slater
	3) Eilidh Hunter	4) Casey Carr
4	1180 CENTRAL AC	1:58.99
	1) Kirsty McKendrick	2) Molly Macfarlane
	3) Niamh McKinlay	4) Alice Cameron

Saturday 29th January Event Men 4x200 m Relay U17 Men

6 Advance: Top 2 Each Heat plus Next 2 Best Times

National: N	1:31.24	04/03/2017	Giffnock North AAC, Giffnoc J Connelly, K McLean, M Forbes, A Clayton
Club: C	1:31.24	04/03/2017	Giffnock North AAC, Giffnoc J Connelly, K McLean, M Forbes, A Clayton
CBP: B	1:31.24	04/03/2017	Giffnock North AAC, Giffnoc J Connelly, K McLean, M Forbes, A Clayton
2019:	1:32.06	17/02/2019	Giffnock North AC, Giffnock M McHarg, R Veitch, R Nairne, F Waugh
2020:	1:35.98	15/02/2020	422 Inverclyde AC, 422 Inve S Okiti, E Docherty, A McGarrigle, L Hainey
Team			Heat

Heats 1 Heat

1	1476 GIFFNOCK NORTH AC	1:38.09Q
	1) Edward Joyce	2) Ewan Cornfoot
	3) Felix Chan	4) Finlay Chidgey--Carmichael
2	1484 KILMARNOCK H&AC	1:39.17Q
	1) Josh McIntyre	2) Logan Mitchell
	3) Brayden Dean	4) Ewan Johnstone
3	1488 LAW & DISTRICT AAC	1:41.15
	1) Euan Blackwood	2) Ryan Kellock
	3) Logan Whitton	4) Ross Duffin
4	1480 HELENSBURGH AAC	1:41.85
	1) Cameron McDaid	2) William Scott
	3) Daniel Logan	4) Lewis Tokeley
5	1448 AIRDRIE HARRIERS	1:43.99
	1) Scott Kirley	2) Josh Scott
	3) Alex Burns	4) Luke Hamilton

Heats 2 Heat

1	1492 PITREAVIE AAC	1:35.96Q
	1) Adom Akuoko	2) Rory Balfour
	3) Caleb McLeod	4) Harris Mackie
2	1496 SHETTLESTON HARRIERS	1:36.65Q
	1) Lucky Eduwu	2) Maynard Conteh
	3) Michael Conteh	4) Imante Gkontouin
3	1460 DUNDEE HAWKHILL HARRIERS	1:37.70q
	1) Chinedu Akunna	2) Jamie Dickson
	3) Ryan Ferrier	4) Andrew Peters
4	1500 TEAM EAST LOTHIAN	1:40.12q
	1) Bailey Crawford	2) Isaac Stevenson
	3) Jack Renton	4) Gregory Hoggan
5	1456 CUMBERNAULD AAC	1:42.94
	1) Finn McCafferty	2) Connor MacLeod
	3) Patrick Diamond	4) Logan Turnbull

Saturday 29th January Event 17 Women 800 m Invitation Senior Women

Name	Age Team	Finals
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Section 1

1	Jenny Selman	FIFE AC	2:01.84
2	Olivia Vareille	FALKIRK VICT	2:10.11
3	Niamh Carr	EDINBURGH UNI HH	2:11.10

Saturday 29th January Event 18 Men 800 m Invitation Senior Men

Name	Age Team	Finals
1 Kane Elliott	FALKIRK VICT	1:50.87
2 Stephen MacKay	INVERNESS HA	1:50.95
3 Ben Potrykus	INVERCLYDE AC	1:51.64
4 Michael Ferguson	ABERDEEN AAC	1:52.94
5 Lewis Hainey	INVERCLYDE AC	1:53.93

Saturday 29th January Event 19 Indoor Pentathlon: #5 Boys 800 m U13 Boys

CBP: B 2:26.95 04/03/2017 Caleb McLeod, Pitreavie AA
 2019: 2:32.46 16/02/2019 Grant McEachern, Cumbernauld
 2020: 2:29.06 01/02/2020 Ray Taylor, Falkirk Vict

Name	Age Team	Finals	Points
1 Abraham Lanahan	SHETTLESTON	2:42.17	192
2 Charlie Hunter	DUNFERMLINE	2:51.65	112
3 Ricco Begnor	AYR SEAFORTH AC	3:01.31	52
4 Zach White	SPRINGBURN HARRIERS	3:08.84	20
5 Murray Graham	SHETTLESTON	3:09.73	17

Saturday 29th January Event 20 Indoor Pentathlon: #5 Girls 800 m U13 Girls

CBP: B 2:31.38 16/02/2019 Lily Simon, Pitreavie AA
 2019: 2:31.38 16/02/2019 Lily Simon, Pitreavie AA
 2020: 2:33.84 01/02/2020 Emily Bond, North Shield

Name	Age Team	Finals	Points
1 Mairi Nicholson	KILBARCHAN AAC	2:51.91	444
2 Alexandra Montgomery	CENTRAL AC	2:53.62	427
3 Murrion Kane	DUNFERMLINE	3:03.89	330
4 Molly Robinson	DUNFERMLINE	3:05.79	313
5 Caitlin Chalmers	DUNFERMLINE	3:06.92	304
6 Erin Longmuir	CUMBERNAULD AAC	3:07.49	299
7 Charlotte Thomas	DUNFERMLINE	3:15.10	238
Section 2			
1 Dionne Maguinness	AIRDRIE HARRIERS	2:33.77	646
2 Leanna Elliot	AIRDRIE HARRIERS	2:42.51	544
3 Isla Bamber	PRESTON HARRIERS	2:57.59	388
4 Lauren Hewitt	LEIGH HARRIERS	3:01.92	348
5 Enya Doran	AIRDRIE HARRIERS	3:09.61	281
6 Emily Allison	CUMBERNAULD AAC	3:33.51	117

Saturday 29th January Event 21 Indoor Pentathlon: #5 Boys 800 m U15 Boys

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CBP: B 2:08.63 04/03/2017 Murray Fotheringham, Giffnock Nor
2019: 2:10.45 16/02/2019 Fergus MacGilp, Pitreavie AA
2020: 2:09.46 01/02/2020 Calum Charters, East Kilbrid

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Name Age Team Finals Points
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Section 1

1	Ross Christie	GALA HARRIERS	2:24.21	395
2	Frazer Lees	PITREAVIE AAC	2:36.00	254
3	Jamie Connor	CENTRAL AC	2:36.54	248
4	Joe Crawford	SPRINGBURN HARRIERS	2:39.89	214
5	Donald Ross	TEAM EAST LOTHIAN	2:47.41	146
6	Innes McNicol	KILMARNOCK H&AC	2:54.66	91
7	Cameron Moore	CENTRAL AC	3:10.64	14

Section 2

1	James Clark	VP-GLASGOW AC	2:07.52B	641
2	Finlay Cunningham	LIVINGSTON AC	2:15.66	514
3	Luke Pichler	BLYTH RUNNING CLUB	2:19.75	455
4	Luc Macleod	BANCHORY STO	2:19.90	453
5	Herbie Kay	BOLTON UNITED AC	2:23.12	409
6	Lewis Miller	CENTRAL AC	2:28.69	338
7	Ross Mitchell	KILMARNOCK H&AC	2:51.77	112

Saturday 29th January Event 22 Indoor Pentathlon: #2 Girls High Jump U13 Girls

CBP: B 1.56m 04/03/2017 Mya McMahon, Dunfermline
 2019: 1.50m 16/02/2019 Rose Jones, Edinburgh AC
 2020: 1.50m 01/02/2020 Emily Bond, North Shield

Name	Age	Team	Finals	Points
Flight 1				
1 Enya Doran		AIRDRIE HARRIERS	1.19m	302
	1.04 1.07 1.10 1.13 1.16 1.19 1.22			
	O O O O O O XXX			
2 Alexandra Montgomery		CENTRAL AC	1.16m	275
	1.04 1.07 1.10 1.13 1.16 1.19			
	XO XXO O O XO XXX			
3 Mairi Nicholson		KILBARCHAN AAC	1.13m	248
	1.04 1.07 1.10 1.13 1.16			
	XO O O O XXX			
4 Charlotte Thomas		DUNFERMLINE	1.10m	222
	1.04 1.07 1.10 1.13			
	XO XO O XXX			
5 Murrion Kane		DUNFERMLINE	0.90m	71
	0.90 1.04			
	O XXX			
5 Caitlin Chalmers		DUNFERMLINE	0.90m	71
	0.90 1.04			
	XO XX-			
Flight 2				
1 Dionne Maguinness		AIRDRIE HARRIERS	1.34m	449
	1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34 1.37			
	O O O O O XO XXO O XXX			
1 Isla Bamber		PRESTON HARRIERS	1.34m	449
	1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34 1.37			
	O XO O XO O O XXO XXO XO XXX			
3 Leanna Elliot		AIRDRIE HARRIERS	1.28m	389
	1.13 1.16 1.19 1.22 1.25 1.28 1.31			
	O O O XO XXO O XXX			
4 Erin Longmuir		CUMBERNAULD AAC	1.25m	359
	1.10 1.13 1.16 1.19 1.22 1.25 1.28			
	O O XO O XO XO XXX			
4 Emily Allison		CUMBERNAULD AAC	1.25m	359
	1.10 1.13 1.16 1.19 1.22 1.25 1.28			
	O O XO O O O XXX			
6 Lauren Hewitt		LEIGH HARRIERS	1.22m	331
	1.16 1.19 1.22 1.25			
	O O O XXX			
6 Molly Robinson		DUNFERMLINE	1.22m	331
	1.10 1.13 1.16 1.19 1.22 1.25			
	O O XO XXO XXO XXX			

Saturday 29th January Event 23 Indoor Pentathlon: #3 Boys Shot Put U13 Boys

CBP: B 8.70m 03/02/2018 Daniel Martin, Giffnock Nor
2019: 7.72m 16/02/2019 Finn Bryce, Aberdeen AAC
2020: 7.62m 01/02/2020 Luc Macleod, Banchory Sto

Name	Age	Team	Finals	Points
Flight 1				
1 Abraham Lanahan		SHETTLESTON	7.29m	324
X 7.29m	5.92m			
2 Charlie Hunter		DUNFERMLINE	6.18m	259
5.92m	6.18m	5.94m		
3 Zach White		SPRINGBURN HARRIERS	6.11m	255
5.81m	6.11m	5.83m		
4 Ricco Begnor		AYR SEAFORTH AC	5.99m	248
5.10m	5.99m	5.60m		
5 Murray Graham		SHETTLESTON	5.11m	197
4.82m	5.07m	5.11m		
6 Oscar Pichler		BLYTH RUNNING CLUB	5.06m	194
4.71m	4.85m	5.06m		

Saturday 29th January Event 24 Indoor Pentathlon: #2 Boys Long Jump U15 Boys

CBP: B 5.88m 16/02/2019 Fergus MacGilp, Pitreavie AA
CBP: B 5.88m 04/03/2017 Murray Fotheringham, Giffnock Nor
2019: 5.88m 16/02/2019 Fergus MacGilp, Pitreavie AA
2020: 5.87m 01/02/2020 Daniel Martin, Giffnock Nor

Name	Age	Team	Finals	Points
1 Lewis Miller		CENTRAL AC	5.64m	510
5.64m	5.46m	5.49m		
2 Luke Pichler		BLYTH RUNNING CLUB	5.60m	502
X 5.60m	5.58m			
3 James Clark		VP-GLASGOW AC	5.56m	494
5.30m	5.56m	4.81m		
4 Luc Macleod		BANCHORY STO	5.33m	447
X 5.33m	5.19m			
5 Herbie Kay		BOLTON UNITED AC	5.07m	396
5.07m	4.82m	5.01m		
6 Finlay Cunningham		LIVINGSTON AC	5.01m	384
5.01m	4.68m	4.90m		
7 Ross Christie		GALA HARRIERS	4.83m	350
4.66m	4.73m	4.83m		
8 Jamie Connor		CENTRAL AC	4.73m	332
4.55m	4.73m	4.66m		
9 Ross Mitchell		KILMARNOCK H&AC	4.60m	308
4.60m	4.55m	4.38m		
10 Archie Smith		NAIRN AREA AAC	4.35m	264
4.35m	4.22m	4.35m		
11 Donald Ross		TEAM EAST LOTHIAN	4.34m	262
3.87m	3.82m	4.34m		
12 Frazer Lees		PITREAVIE AAC	4.17m	234
4.17m	X	3.60m		
13 Innes McNicol		KILMARNOCK H&AC	4.08m	219
4.05m	4.08m	3.99m		
14 Joe Crawford		SPRINGBURN HARRIERS	3.64m	150
3.64m	3.54m	3.30m		
15 Cameron Moore		CENTRAL AC	3.60m	145
3.05m	3.60m	3.36m		

Saturday 29th January Event 25 Heptathlon: #3 Men Shot Put Mas Men

National: N 8.98m 03/02/2018 Derek Glasgow M50, Inverness Ha
 CBP: B 10.26m 16/02/2019 Bob Masson M70, Aberdeen AAC
 2019: 10.26m 16/02/2019 Bob Masson M70, Aberdeen AAC
 2020: 10.92m 01/02/2020 Brian Slaughter 60, Eastbourne R

Name	Age	Team	Finals	Points
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1 Ron Todd	55	CENTRAL AC	9.96m	646
			9.96m 9.73m 9.49m	
2 Derek Warn	55	SOUTHAMPTON AC	8.24m	513
			7.72m 7.38m 8.24m	

Saturday 29th January Event 26 Heptathlon: #2 Men Long Jump U17 Men

CBP: B 6.77m 16/02/2019 Murray Fotheringham U17, Giffnock No
 2019: 6.77m 16/02/2019 Murray Fotheringham U17, Giffnock No
 2020: 6.12m 01/02/2020 Aidan Brindley, North Ayrshi

Name	Age	Team	Finals	Points
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1 Daniel Martin		GIFFNOCK NORTH AC	6.37m	668
			6.37m 5.04m -	
2 Ben Heron		NORTH AYRSHIRE AAC	6.29m	650
			6.29m 6.22m 6.28m	
3 Callum Newton		DUNFERMLINE	5.74m	531
			5.39m 5.43m 5.74m	
4 Hayden Blunn		MACCELSFIELD	5.56m	494
			3.13m X 5.56m	
5 Finn Bryce		ABERDEEN AAC	5.53m	487
			5.20m 5.31m 5.53m	
6 James Harney		EAST CHESHIRE	5.50m	481
			5.34m 5.38m 5.50m	
7 Dylan Gee		NORTH AYRSHIRE AAC	5.21m	423
			5.21m 4.88m X	
8 Tom Palmer		ELGIN AAC	5.01m	384
			5.01m 4.98m 4.99m	
9 Lucas Seal		LEVEN VALLEY AC	4.77m	339
			4.77m 4.77m 4.76m	

Saturday 29th January Event 27 Heptathlon: #2 Men Long Jump U20 Men

CBP: B 7.11m 16/02/2019 Scott Connal U20, Edinburgh AC
 2019: 7.11m 16/02/2019 Scott Connal U20, Edinburgh AC
 2020: 7.06m 01/02/2020 Scott Brindley, North Ayrshi

Name	Age	Team	Finals	Points
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1 William Hodi		NAIRN AREA AAC	6.57m	713
			6.57m X X	
2 Louis Morrison		TRAFFORD AC	6.33m	659
			6.33m 6.25m 6.23m	
3 Alister Mackay		INVERNESS HA	6.23m	637
			5.99m 6.17m 6.23m	
4 Jonathan Cameron		INVERCLYDE AC	6.18m	626
			5.96m 6.18m 6.05m	
5 Dakota Sattar		VP-GLASGOW AC	5.79m	542
			4.18m 5.79m X	
6 Euan Wallace		CUMBERNAULD AAC	5.65m	512
			5.63m 5.65m 5.57m	
7 Dean Murdoch		ELGIN AAC	5.62m	506
			X 5.56m 5.62m	
8 Lewis Vick		NORTH AYRSHIRE AAC	5.13m	407
			5.13m X X	
9 Ross Lawrie		CENTRAL AC	4.97m	377
			4.84m 4.97m 4.83m	

Saturday 29th January Event 27 Heptathlon: #2 Men Long Jump Senior Men

CBP: B 7.30m 04/03/2017 Ben Gregory, Birchfield H
2019: 7.08m 16/02/2019 Jack Phipps, Birchfield H
2020: 7.22m 01/02/2020 Scott Connal, Kilbarchan A

Name	Age	Team	Finals	Points
1 Howard Bell		KILBARCHAN AAC	7.03m	821
6.80m 6.97m 7.03m				
2 Matthew Chandler		KILBARCHAN AAC	6.22m	635
6.02m 6.22m 6.14m				
3 Eden Duff		KILBARCHAN AAC	5.54m	490
5.54m 5.15m 5.50m				

Saturday 29th January Event 28 Indoor Pentathlon: #4 Boys High Jump U13 Boys

CBP: B 1.42m 13/02/2016 Cameron Forbes, Edinburgh AC
2019: 1.38m 16/02/2019 Ryan Davie, Giffnock Nor
2020: 1.41m 01/02/2020 Moray Butler, Livingston A

Name	Age	Team	Finals	Points
1 Abraham Lanahan		SHETTLESTON	1.46mB	360
1.34 1.37 1.40 1.43 1.46 1.49				
O XXO O XO XXO XXX				
2 Charlie Hunter		DUNFERMLINE	1.37m	297
1.16 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40				
O O O O O O O XO XXX				
3 Ricco Begnor		AYR SEAFORTH AC	1.34m	276
1.16 1.19 1.22 1.25 1.28 1.31 1.34 1.37				
O O XO O XO O O XXX				
4 Murray Graham		SHETTLESTON	1.22m	200
1.16 1.19 1.22 1.25				
XXO O XO XXX				
5 Zach White		SPRINGBURN HARRIERS	1.19m	182
1.07 1.10 1.13 1.16 1.19 1.22				
O O O O XXO XXX				

Saturday 29th January Event 29 Heptathlon: #3 Men Shot Put U20 Men

CBP: B 13.45m 01/02/2020 Callum Newby, Edinburgh AC
2019: 11.76m 16/02/2019 Scott Connal U20, Edinburgh AC
2020: 13.45m 01/02/2020 Callum Newby, Edinburgh AC

Name	Age	Team	Finals	Points
1 Alister Mackay		INVERNESS HA	13.77mB	714
13.54m 13.77m 12.49m				
2 Louis Morrison		TRAFFORD AC	11.00m	546
10.73m 10.32m 11.00m				
3 William Hodi		NAIRN AREA AAC	10.89m	539
10.89m 10.17m 10.46m				
4 Dakota Sattar		VP-GLASGOW AC	10.76m	531
10.76m 10.58m 10.57m				
5 Dean Murdoch		ELGIN AAC	10.57m	520
X X 10.57m				
6 Ross Lawrie		CENTRAL AC	8.50m	396
8.09m 8.49m 8.50m				
7 Jonathan Cameron		INVERCLYDE AC	7.51m	337
X 7.01m 7.51m				
8 Euan Wallace		CUMBERNAULD AAC	7.24m	321
6.59m 7.10m 7.24m				
9 Lewis Vick		NORTH AYRSHIRE AAC	6.87m	300
6.87m 6.45m 6.86m				

Saturday 29th January Event 29 Heptathlon: #3 Men Shot Put Senior Men

CBP: B 14.22m 04/03/2017 Ingi Kristinsson, ICELAND
 2019: 13.96m 16/02/2019 Andrew Murphy, Kilbarchan A
 2020: 13.66m 01/02/2020 Curtis Mathews, Cardiff AAC

Name	Age	Team	Finals	Points
1 Howard Bell		KILBARCHAN AAC	12.67m	647
			12.67m 12.03m 12.26m	
2 Matthew Chandler		KILBARCHAN AAC	11.15m	555
			11.02m 11.15m 10.85m	
3 Eden Duff		KILBARCHAN AAC	8.91m	420
			8.80m 8.91m 8.02m	

Saturday 29th January Event 30 Indoor Pentathlon: #4 Girls Long Jump U13 Girls

CBP: B 5.34m 04/03/2017 Julia Winogrodzka, Bolton Unite
 2019: 4.60m 16/02/2019 Ashleigh McArdle, Lifford Stra
 2020: 4.78m 01/02/2020 Emily Bond, North Shield

Name	Age	Team	Finals	Points
1 Leanna Elliot		AIRDRIE HARRIERS	4.32m	384
			4.18m 4.06m 4.32m	
2 Enya Doran		AIRDRIE HARRIERS	4.17m	347
			4.05m 4.17m 4.14m	
2 Emily Allison		CUMBERNAULD AAC	4.17m	347
			4.17m X 4.09m	
4 Dionne Maguinness		AIRDRIE HARRIERS	4.10m	331
			3.82m 3.90m 4.10m	
5 Lauren Hewitt		LEIGH HARRIERS	3.92m	290
			3.74m 3.85m 3.92m	
6 Isla Bamber		PRESTON HARRIERS	3.79m	261
			3.53m 3.79m X	
7 Erin Longmuir		CUMBERNAULD AAC	3.52m	204
			3.52m X 3.31m	
8 Charlotte Thomas		DUNFERMLINE	3.44m	188
			3.44m 3.16m X	
9 Mairi Nicholson		KILBARCHAN AAC	3.40m	180
			3.40m 3.24m 3.39m	
10 Molly Robinson		DUNFERMLINE	3.21m	144
			3.21m X X	
11 Murrone Kane		DUNFERMLINE	3.16m	135
			2.64m 3.06m 3.16m	
12 Alexandra Montgomery		CENTRAL AC	3.12m	128
			3.12m 3.05m 2.87m	
13 Caitlin Chalmers		DUNFERMLINE	2.85m	83
			2.52m X 2.85m	

Saturday 29th January Event 31 Heptathlon: #3 Men Shot Put U17 Men

CBP: B 12.23m 16/02/2019 Kyle McAulay U17, VP-Glasgow A
 2019: 12.23m 16/02/2019 Kyle McAulay U17, VP-Glasgow A
 2020: 11.85m 01/02/2020 Jay Cook, Bury AC

Name	Age	Team	Finals	Points
1 Daniel Martin		GIFFNOCK NORTH AC	11.88m	599
11.49m 11.30m 11.88m				
2 Hayden Blunn		MACCELSFIELD	11.69m	588
11.69m 10.92m 10.56m				
3 James Harney		EAST CHESHIRE	10.73m	530
10.14m 10.20m 10.73m				
4 Lucas Seal		LEVEN VALLEY AC	9.63m	463
9.17m 9.27m 9.63m				
5 Finn Bryce		ABERDEEN AAC	9.16m	435
8.85m 9.16m 8.81m				
6 Callum Newton		DUNFERMLINE	8.87m	418
8.52m 8.26m 8.87m				
7 Ben Heron		NORTH AYRSHIRE AAC	8.57m	400
8.57m 8.41m X				
8 Dylan Gee		NORTH AYRSHIRE AAC	8.20m	378
7.65m 7.77m 8.20m				
9 Tom Palmer		ELGIN AAC	7.17m	317
7.17m 7.03m 6.96m				

Saturday 29th January Event 32 Heptathlon: #6 Men Pole Vault Mas Men

National: N 2.67m 03/02/2018 Derek Glasgow M50, Inverness Ha
 CBP: B 2.77m Geoff Powley M55, Lincoln Well
 2019: 2.65m 16/02/2019 Bob Masson M70, Aberdeen AAC
 2020: 3.87m 01/02/2020 Dave Awde 35, Birchfield H

Name	Age	Team	Finals	Points
1 Ron Todd 55		CENTRAL AC	3.10mB	640
3.10 3.20 3.30				
0 - XXX				
2 Derek Warn 55		SOUTHAMPTON AC	2.40m	396
2.00 2.10 2.20 2.30 2.40 2.50 2.60				
0 - 0 - XO - XXX				

Saturday 29th January Event 33 Indoor Pentathlon: #4 Boys High Jump U15 Boys

=====													
CBP: B		1.74m		04/03/2017		Murray Fotheringham, Giffnock Nor							
2019:		1.58m		16/02/2019		Jay Cook, Bury AC							
2020:		1.63m		01/02/2020		Morgan White, Sale Harrier							
Name	Age	Team										Finals	Points
=====													
1	Ross Christie	GALA HARRIERS									1.57m	441	
	1.30	1.33	1.36	1.39	1.42	1.45	1.48	1.51	1.54	1.57	1.60		
	O	O	O	O	O	O	O	O	XO	XXO	XXX		
2	Lewis Miller	CENTRAL AC									1.54m	419	
	1.39	1.42	1.45	1.48	1.51	1.54	1.57						
	O	-	-O	XXO	XO	XO	XXX						
3	Finlay Cunningham	LIVINGSTON AC									1.42m	331	
	1.21	1.24	1.27	1.30	1.33	1.36	1.39	1.42	1.45				
	O	O	O	O	O	O	O	O	O	XXX			
4	Frazer Lees	PITREAVIE AAC									1.36m	290	
	1.24	1.27	1.30	1.33	1.36	1.39							
	O	O	O	O	O	XXX							
4	Archie Smith	NAIRN AREA AAC									1.36m	290	
	1.27	1.30	1.33	1.36	1.39								
	XO	O	O	XO	XX								
6	Joe Crawford	SPRINGBURN HARRIERS									1.33m	270	
	1.21	1.24	1.27	1.30	1.33	1.36							
	O	O	XO	XXO	XO	XXX							
6	Jamie Connor	CENTRAL AC									1.33m	270	
	1.21	1.24	1.27	1.30	1.33	1.36							
	XO	O	XO	XO	XO	XXX							
8	Cameron Moore	CENTRAL AC									1.27m	231	
	1.21	1.24	1.27	1.30									
	O	XO	XO	XXX									
Flight 2													
1	Luke Pichler	BLYTH RUNNING CLUB									1.72m	560	
	1.54	1.57	1.60	1.63	1.66	1.69	1.72	1.75					
	O	O	O	O	O	O	XXO	XXX					
2	Luc Macleod	BANCHORY STO									1.57m	441	
	1.45	1.48	1.51	1.54	1.57	1.60							
	XO	O	O	XXO	XXO	XXX							
3	James Clark	VP-GLASGOW AC									1.54m	419	
	1.39	1.42	1.45	1.48	1.51	1.54	1.57						
	O	O	O	O	XXO	XXO	XXX						
3	Innes McNicol	KILMARNOCK H&AC									1.54m	419	
	1.36	1.39	1.42	1.45	1.48	1.51	1.54	1.57					
	O	O	O	O	O	O	XXO	XXX					
3	Ross Mitchell	KILMARNOCK H&AC									1.54m	419	
	1.36	1.39	1.42	1.45	1.48	1.51	1.54	1.57					
	O	O	O	O	O	O	XXO	XXX					
6	Herbie Kay	BOLTON UNITED AC									1.45m	352	
	1.33	1.36	1.39	1.42	1.45	1.48							
	O	XO	O	XO	XO	XXX							
7	Donald Ross	TEAM EAST LoTHIAN									1.42m	331	
	1.36	1.39	1.42	1.45									
	O	XO	XO	XXX									

Saturday 29th January Event 34 Indoor Pentathlon: #2 Boys Long Jump U13 Boys

CBP: B 4.68m 03/02/2018 Daniel Martin, Giffnock Nor
 2019: 4.50m 16/02/2019 Dylan Gee, North Ayrshi
 2020: 4.37m 01/02/2020 Moray Butler, Livingston A

Name	Age	Team	Finals	Points
Flight 1				
1 Charlie Hunter		DUNFERMLINE	4.10m	222
4.10m 4.10m 4.04m				
1 Abraham Lanahan		SHETTLESTON	4.10m	222
3.83m 3.68m 4.10m				
3 Murray Graham		SHETTLESTON	4.02m	209
4.02m X 3.55m				
4 Zach White		SPRINGBURN HARRIERS	3.94m	196
3.82m 3.64m 3.94m				
5 Ricco Begnor		AYR SEAFORTH AC	3.73m	164
X X 3.73m				

Saturday 29th January Event 35 Indoor Pentathlon: #3 Girls Shot Put U13 Girls

CBP: B 11.03m 01/02/2020 Jessie Caig, VP-Glasgow A
 2019: 9.39m 16/02/2019 Courtney Fraser, Whitemoss AA
 2020: 11.03m 01/02/2020 Jessie Caig, VP-Glasgow A

Name	Age	Team	Finals	Points
1 Lauren Hewitt		LEIGH HARRIERS	7.98m	398
7.80m 7.59m 7.98m				
2 Emily Allison		CUMBERNAULD AAC	6.73m	318
6.73m 4.88m 6.02m				
3 Leanna Elliot		AIRDRIE HARRIERS	6.43m	299
5.95m 6.43m 6.31m				
4 Dionne Maguinness		AIRDRIE HARRIERS	6.06m	275
6.06m 5.68m 5.96m				
5 Isla Bamber		PRESTON HARRIERS	5.59m	245
5.43m 5.59m 5.00m				
6 Enya Doran		AIRDRIE HARRIERS	5.21m	221
5.21m X 4.48m				
7 Caitlin Chalmers		DUNFERMLINE	5.14m	217
5.14m 4.64m X				
8 Alexandra Montgomery		CENTRAL AC	5.12m	216
5.12m 5.11m 4.43m				
9 Erin Longmuir		CUMBERNAULD AAC	4.70m	190
3.05m 4.70m 3.98m				
10 Mairi Nicholson		KILBARCHAN AAC	4.61m	184
4.46m 4.61m 4.17m				
11 Murron Kane		DUNFERMLINE	4.52m	178
3.78m 3.92m 4.52m				
12 Charlotte Thomas		DUNFERMLINE	4.12m	154
3.62m 4.03m 4.12m				
13 Molly Robinson		DUNFERMLINE	3.66m	125
3.66m 2.83m 3.19m				

Saturday 29th January Event 36 Heptathlon: #4 Men High Jump U17 Men

=====										
	CBP: B	2.04m	16/02/2019	Murray Fotheringham U17, Giffnock No						
	2019:	2.04m	16/02/2019	Murray Fotheringham U17, Giffnock No						
	2020:	1.77m	01/02/2020	Aidan Brindley, North Ayrshi						
Name	Age	Team	Finals	Points	=====					
1 Hayden Blunn		MACCELSFIELD	1.86m	679						
	1.65	1.68	1.71	1.74	1.77	1.80	1.83	1.86	1.89	
	O	-	O	O	XO	O	O	O	XX-	
2 James Harney		EAST CHESHIR	1.80m	627						
	1.59	1.62	1.65	1.68	1.71	1.74	1.77	1.80	1.83	
	O	O	O	O	O	O	O	XXO	XXX	
3 Callum Newton		DUNFERMLINE	1.71m	552						
	1.65	1.68	1.71	1.74						
	O	O	XXO	X						
4 Daniel Martin		GIFFNOCK NORTH AC	1.68m	528						
	1.50	1.53	1.56	1.59	1.62	1.65	1.68	1.71		
	O	O	O	O	O	O	O	XXX		
5 Ben Heron		NORTH AYRSHIRE AAC	1.62m	480						
	1.50	1.53	1.56	1.59	1.62	1.65				
	O	O	XO	O	O	XXX				
6 Tom Palmer		ELGIN AAC	1.53m	411						
	1.53	1.56								
	O	XXX								
7 Dylan Gee		NORTH AYRSHIRE AAC	1.50m	389						
	1.47	1.50	1.53							
	O	O	XXX							
7 Finn Bryce		ABERDEEN AAC	1.50m	389						
	1.47	1.50	1.53							
	O	XXO	XXX							
-- Lucas Seal		LEVEN VALLEY AC	NH							
	1.47									
	XXX									

Saturday 29th January Event 36 Heptathlon: #4 Men High Jump U20 Men

=====							
CBP: B 2.00m		04/03/2017	Liam Reveley, Blaydon Harr				
2019: 1.89m		16/02/2019	Scott Connal U20, Edinburgh AC				
2020: 1.98m		01/02/2020	Scott Brindley, North Ayrshi				
Name	Age	Team			Finals	Points	
=====							
1 William Hodi		NAIRN AREA AAC			1.86m	679	
	1.71	1.74	1.77	1.80	1.83	1.86	1.89
	O	-	O	O	O	XO	XXX
2 Alister Mackay		INVERNESS HA			1.80m	627	
	1.65	1.68	1.71	1.74	1.77	1.80	1.83
	O	-	O	O	XXO	XXO	XXX
2 Euan Wallace		CUMBERNAULD AAC			1.80m	627	
	1.65	1.68	1.71	1.74	1.77	1.80	1.83
	O	O	O	XO	XXO	XO	XXX
4 Louis Morrison		TRAFFORD AC			1.74m	577	
	1.62	1.65	1.68	1.71	1.74	1.77	
	O	O	O	XXO	O	XXX	
5 Jonathan Cameron		INVERCLYDE AC			1.71m	552	
	1.65	1.68	1.71	1.74			
	O	O	XO	XXX			
6 Dakota Sattar		VP-GLASGOW AC			1.62m	480	
	1.50	1.53	1.56	1.59	1.62	1.65	
	O	-	O	O	O	XXX	
7 Lewis Vick		NORTH AYRSHIRE AAC			1.59m	457	
	1.47	1.50	1.53	1.56	1.59	1.62	
	XO	O	O	O	XXO	XXX	
8 Ross Lawrie		CENTRAL AC			1.50m	389	
	1.47	1.50	1.53				
	XO	XXO	XXX				
8 Dean Murdoch		ELGIN AAC			1.50m	389	
	1.47	1.50	1.53				
	XO	O	XXX				

Saturday 29th January Event 36 Heptathlon: #4 Men High Jump Senior Men

=====						
CBP: B 2.01m		03/02/2018	Liam Reveley, Blaydon Harr			
2019: 1.92m		16/02/2019	Andrew Murphy, Kilbarchan A			
2020: 1.91m		01/02/2020	Curtis Mathews, Cardiff AAC			
Name	Age	Team			Finals	Points
=====						
1 Howard Bell		KILBARCHAN AAC			1.92m	731
	1.80	1.83	1.86	1.89	1.92	1.95
	O	-	O	XO	XO	XXX
2 Matthew Chandler		KILBARCHAN AAC			1.71m	552
	1.65	1.68	1.71	1.74		
	O	O	O	XXX		
3 Eden Duff		KILBARCHAN AAC			1.50m	389
	1.47	1.50	1.53			
	XXO	XXO	XXX			

Saturday 29th January Event 37 Heptathlon: #2 Men Long Jump Mas Men

=====						
National: N 5.01m		03/02/2018	Derek Glasgow M50, Inverness Ha			
CBP: B 3.99m		16/02/2019	Bob Masson M70, Aberdeen AAC			
2019: 3.99m		16/02/2019	Bob Masson M70, Aberdeen AAC			
2020: 5.74m		01/02/2020	Dave Awde 35, Birchfield H			
Name	Age	Team			Finals	Points
=====						
1 Ron Todd 55		CENTRAL AC			4.46mB	554
	3.87m	4.46m	3.66m			
2 Derek Warn 55		SOUTHAMPTON AC			4.03mB	437
	4.03m	3.91m	4.03m			

Saturday 29th January Event 38 Indoor Pentathlon: #3 Boys Shot Put U15 Boys

CBP: B 15.17m 01/02/2020 Liam Shaw, Athenry AC
 2019: 10.83m 16/02/2019 Jay Cook, Bury AC
 2020: 15.17m 01/02/2020 Liam Shaw, Athenry AC

Name	Age	Team	Finals	Points
1 Luke Pichler		BLYTH RUNNING CLUB	10.85m	537
10.85m 10.41m X				
2 James Clark		VP-GLASGOW AC	10.19m	497
9.75m 10.19m 9.67m				
3 Lewis Miller		CENTRAL AC	9.02m	427
8.80m 9.02m 7.33m				
4 Luc Macleod		BANCHORY STO	8.57m	400
7.92m 8.57m 8.53m				
5 Ross Christie		GALA HARRIERS	8.27m	382
7.73m 8.12m 8.27m				
6 Ross Mitchell		KILMARNOCK H&AC	7.68m	347
7.46m 7.68m 7.42m				
7 Cameron Moore		CENTRAL AC	7.42m	332
7.42m 6.84m 7.30m				
8 Donald Ross		TEAM EAST LoTHIAN	7.13m	315
X 7.13m 6.85m				
9 Herbie Kay		BOLTON UNITED AC	6.88m	300
6.22m 6.37m 6.88m				
10 Innes McNicol		KILMARNOCK H&AC	6.86m	299
6.29m 6.32m 6.86m				
11 Jamie Connor		CENTRAL AC	6.25m	263
5.13m 6.25m 6.24m				
12 Finlay Cunningham		LIVINGSTON AC	6.17m	259
6.07m 6.17m 6.05m				
13 Joe Crawford		SPRINGBURN HARRIERS	5.55m	223
5.55m 5.29m 5.30m				
14 Frazer Lees		PITREAVIE AAC	5.25m	205
4.07m 4.82m 5.25m				

Sunday 30th January Event 39 Heptathlon: #5 Men 60 m H U17 Men

CBP: B 8.51 03/02/2018 Alexander Mackay, Ross County
 2019: 8.60 16/02/2019 Kyle McAulay U17, VP-Glasgow A
 2020: 8.97 01/02/2020 Aidan Brindley, North Ayrshi

Name	Age	Team	Finals	Points
Section 1				
1 Daniel Martin		GIFFNOCK NORTH AC	8.48B	865
2 Ben Heron		NORTH AYRSHIRE AAC	8.73	806
3 James Harney		EAST CHESHIRE	9.04	737
4 Finn Bryce		ABERDEEN AAC	9.60	619
5 Tom Palmer		ELGIN AAC	9.61	617
6 Dylan Gee		NORTH AYRSHIRE AAC	10.26	493

Sunday 30th January Event 40 Heptathlon: #5 Men 60 m H U20 Men

Name	Age	Team	Finals	Points
CBP: B	8.18	16/02/2019	Scott Connal U20, Edinburgh AC	
2019:	8.18	16/02/2019	Scott Connal U20, Edinburgh AC	
2020:	8.19	01/02/2020	Scott Brindley, North Ayrshi	
1 William Hodi		NAIRN AREA AAC	8.35	896
2 Louis Morrison		TRAFFORD AC	8.49	862
3 Alister Mackay		INVERNESS HA	8.98	750
4 Jonathan Cameron		INVERCLYDE AC	9.26	690
5 Dakota Sattar		VP-GLASGOW AC	9.72	595
6 Dean Murdoch		ELGIN AAC	9.85	570
7 Lewis Vick		NORTH AYRSHIRE AAC	11.62	277
8 Ross Lawrie		CENTRAL AC	12.02	224

Sunday 30th January Event 41 Heptathlon: #5 Men 60 m H Senior Men

Name	Age	Team	Finals	Points
CBP: B	8.13	01/02/2020	Scott Connal, Kilbarchan A	
2019:	8.38	16/02/2019	Andrew Murphy, Kilbarchan A	
2020:	8.13	01/02/2020	Scott Connal, Kilbarchan A	
1 Howard Bell		KILBARCHAN AAC	8.58	841
2 Matthew Chandler		KILBARCHAN AAC	9.21	700
-- Eden Duff		KILBARCHAN AAC	DQ	22.6.2

Sunday 30th January Event 42 Indoor Pentathlon: #1 Women 60 m H U20 Women

Name	Age	Team	Finals	Points
CBP: B	8.63	02/02/2020	Abigail Pawlett, Stockport Tr	
2019:	9.32	17/02/2019	Rhea Southcott U20, Leeds City A	
2020:	8.63	02/02/2020	Abigail Pawlett, Stockport Tr	
1 Ashley Watson		HARTLEPOOL YOUTH AC	9.00	910
2 Rosella Togo		BURY AC	9.09	891
3 Neve Davenport		TRAFFORD AC	9.43	822
4 Katherine Fowler		CENTRAL AC	9.94	723
5 Isla Raeburn		KILMARNOCK H&AC	10.73	582
6 Ellen Montgomery		CENTRAL AC	11.22	501
7 Lynn Harvey		PITREAVIE AAC	11.30	488
Section 2				
1 Amy Kennedy		CUMBERNAULD AAC	9.17	875
2 Hannah Wallace		CUMBERNAULD AAC	9.30	848
3 Ellise Fryer-francis		SALE HARRIERS	9.59	791
4 Brooke Dunlop		KILMARNOCK H&AC	9.68	773
5 Emily Happell		AYR SEAFORTH AC	10.22	672
6 Emily Stratton		FALKIRK VICT	10.61	602

Sunday 30th January Event 42 Indoor Pentathlon: #1 Women 60 m H Senior Women

=====
 CBP: B 8.53 02/02/2020 Holly Mills, Andover AC
 2019: 8.56 17/02/2019 Marilyn Nwawulor, Harrow AC
 2020: 8.53 02/02/2020 Holly Mills, Andover AC

=====
 Name Age Team Finals Points
 =====

Section 1

1	Jane Davidson		ABERDEEN AAC	8.83	946
2	Emma Canning		EDINBURGH AC	9.03	904
3	Anna Forbes		VP-GLASGOW AC	9.92	727
4	Phoebe Lewis		NORTH AYRSHIRE AAC	11.19	506
5	Emma Kelly		KILBARCHAN AAC	11.79	414

Sunday 30th January Event 43 Indoor Pentathlon: #1 Women 60 m H U17 Women

=====
 CBP: B 8.95 14/02/2016 Holly McArthur, Whitemoss AA
 2019: 9.07 17/02/2019 Katie Burr U17, VP-Glasgow A
 2020: 9.10 02/02/2020 Charlotte Rutter, Darlington H

=====
 Name Age Team Finals Points
 =====

1	Holly Gordon		PITREAVIE AAC	10.46	629
2	Mia Sokoluk		LIVINGSTON AC	10.71	585
3	Holly Slater		GIFFNOCK NORTH AC	10.81	568
4	Cara Slater		GIFFNOCK NORTH AC	10.94	546
5	Lily Simon		PITREAVIE AAC	11.71	426
6	Rachel McPhillips		WHITEMOSS AAC	13.53	196

Section 2

1	Carly Smith		LIVINGSTON AC	9.68	773
2	Lucy Boules		LIVINGSTON AC	10.11	692
3	May Mannion		EAST CHESHIRE	10.16	682
4	Cara Weir		GIFFNOCK NORTH AC	10.73	582
5	Esther Taylor		HARMENY AC	10.74	580
6	Madeline McGregor		NORTH AYRSHIRE AAC	10.78	573
7	Olivia Boyle		WHITEMOSS AAC	11.64	436

Section 3

1	Jenna Hilditch		VP-GLASGOW AC	9.08	893
2	Darcie Black		DUNFERMLINE	9.30	848
3	Zoe Loughrey		VP-GLASGOW AC	9.55	798
4	Nell McGregor		NORTH AYRSHIRE AAC	9.74	761
5	Stroma Fraser		INVERNESS HA	9.86	738
6	Kirstin Penman		DUNFERMLINE	10.11	692
7	Ellie McGee		ABERDEEN AAC	10.17	681

Sunday 30th January Event 44 Indoor Pentathlon: #1 Girls 60 m H U15 Girls

Name	Age	Team	Finals	Points
CBP: B	9.27	17/02/2019	Chloe Bagshaw, Hallamshire	
2019:	9.27	17/02/2019	Chloe Bagshaw, Hallamshire	
2020:	9.43	02/02/2020	Georgina Mabbott, Gateshead Ha	
Section 1				
1 Abigail Huntly		BLYTH RUNNING CLUB	10.52	618
2 Connie Bateman		CENTRAL AC	10.91	551
3 Loren Stewart		CENTRAL AC	11.08	523
4 Isla Penman		BANCHORY STO	12.63	300
5 Rachel Barnett		DUNFERMLINE	12.67	295
6 Sarah Kane		DUNFERMLINE	14.21	131
Section 2				
1 Jaymee Brown		NORTH AYRSHIRE AAC	10.65	595
2 Charis Crawford		SPRINGBURN HARRIERS	10.85	561
3 Naideen Dailly		NORTH AYRSHIRE AAC	10.97	541
4 Ava Dunbar		CUMBERNAULD AAC	11.23	499
5 Jemma Smith		LIVINGSTON AC	11.87	402
6 Hannah Cameron		BANCHORY STO	12.16	362
Section 3				
1 Jessie Caig		VP-GLASGOW AC	9.34	840
2 Victoria Anestik		FALKIRK VICT	9.45	818
3 Hannah McDermott		VP-GLASGOW AC	9.63	783
4 Ava Mitchell		VP-GLASGOW AC	9.74	761
5 Senna Gorvett		BLYTH RUNNING CLUB	9.90	731
6 Grace Elizabeth Malley		WHITEMOSS AAC	10.03	706
7 Millie Newall		SPRINGBURN HARRIERS	11.14	514

Sunday 30th January Event 45 Heptathlon: #5 Men 60 m H Mas Men

Name	Age	Team	Finals	Points
National: N	11.33	03/02/2018	Derek Glasgow M50, Inverness Ha	
CBP: B	10.14	16/02/2019	Brian Slaughter M60, Eastbourne R	
2019:	11.85	16/02/2019	Bob Masson M70, Aberdeen AAC	
2020:	9.23	01/02/2020	Dave Awde 35, Birchfield H	
Section 1				
1 Derek Warn 55		SOUTHAMPTON AC	13.17	327

Sunday 30th January Event 46 Men 3000 m Mas Men

Name	Age Team	Finals
1 Mark Nixon 35	EDINBURGH AC	8:48.26
2 Darrell Hastie 35	GALA HARRIERS	8:51.73
3 Richard Carr 35	CAMBUSLANG HARRIERS	9:19.71
4 Craig Shields 35	GARSCUBE HARRIERS	9:21.26
5 Alan Blair 35	GARSCUBE HARRIERS	9:31.42
6 Stuart Gibson 35	CAMBUSLANG HARRIERS	9:32.15
7 Ian Hodge 35	CAMBUSLANG HARRIERS	9:33.08
8 Stephen Wylie 50	CAMBUSLANG HARRIERS	9:33.35
9 Paul Monaghan 50	GREENOCK GLE	9:38.61
10 Mark Gallacher 50	CAMBUSLANG HARRIERS	9:54.17
11 Paul McMonagle 50	CUMBERNAULD AAC	10:14.31
12 Mark King 50	CAMBUSLANG HARRIERS	10:18.83
Section 2		
1 Grant Baillie 40	EAST KILBRIDE AC	9:05.59
2 Colin Whitby 40	GARSCUBE HARRIERS	9:08.10
3 Leon Johnson 40	EDINBURGH AC	9:09.76
4 Darran Muir 40	LAW & DISTRICT AAC	9:18.26
5 Garry Mathew 40	GARSCUBE HARRIERS	9:28.72
6 Stephen Brown 40	WEST END RR	9:30.37
7 Graeme Laing 40	VP-GLASGOW AC	9:34.21
8 Iain Burns 40	SHETTLESTON	9:35.73
9 John Edwards 40	EAST KILBRIDE AC	10:56.32
Section 3		
1 John Coyle 45	GARSCUBE HARRIERS	9:37.58
2 Stephen Allan 45	CUMBERNAULD AAC	9:38.70
3 Brian Robinson 45	AYR SEAFORTH AC	9:39.70
4 Guy Bracken 60	MORPETH HARRIERS	9:47.95
5 Allan Cameron 45	CUMBERNAULD AAC	9:56.48
6 Alastair Walker 65	TEVIOTDALE HARRIERS	9:59.02
7 John Thomson 60	FIFE AC	10:22.57
8 David Shaw 45	GIFFNOCK NORTH AC	10:41.66
9 David Thom 60	CAMBUSLANG HARRIERS	11:18.80
10 Sandy Eaglesham 65	CAMBUSLANG HARRIERS	14:11.59
Section 4		
1 Chris Upson 55	CAMBUSLANG HARRIERS	10:01.56
2 Jim Buchanan 55	DUMFRIES RC	10:40.16
3 Ross McEachern 55	CUMBERNAULD AAC	10:45.88
4 Grant Matheson 55	FALKIRK VICT	11:08.49
5 Keith Charters 55	EAST KILBRIDE AC	11:30.71
6 Graeme Jack 55	WEST END RR	11:38.24
7 Ed Norton 70	PH RACING CLUB	12:00.19
8 Ian Johnstone 70	INVERNESS HA	12:58.65
9 Robert Young 75	CLYDESDALE HARRIERS	13:09.50
10 Peter Ogden 70	CAMBUSLANG HARRIERS	14:55.07

Sunday 30th January Event 47 Women 3000 m Mas Women

Name	Age Team	Finals
Section 1		
1 Lesley Bell 45	GARSCUBE HARRIERS	10:27.30
2 Fiona Matheson 60	FALKIRK VICT	10:56.89
3 Ana Richardson 55	WEST END RR	11:17.30
4 Julie Wilson 50	EDINBURGH AC	11:19.02
5 Anne Howie 60	ABERDEEN AAC	11:20.58
6 Michelle Slater 40	MORAY RR	11:30.45
7 Susan Ridley 55	EDINBURGH AC	11:48.21
8 Karen Dobbie 55	EDINBURGH AC	12:05.07
9 Sharyn Ramage 55	EDINBURGH AC	13:27.15
10 Phyllis Hands 65	MOTHERWELL AC	14:06.13

Sunday 30th January Event 48 Women 400 m Invitation Senior Women

Name	Age Team	Finals
1 Zoey Clark	ABERDEEN AAC	53.09
2 Roisin Harrison	ABERDEEN AAC	53.60
3 Rebecca Grieve	PITREAVIE AAC	55.21
4 Kathryn Christie	EDINBURGH AC	55.61

Sunday 30th January Event 49 Men 400 m Invitation Senior Men

Name	Age Team	Finals
1 Jamal Rhoden-Stevens	SHAFTESBURY BARN	47.20
2 Krishawn Aiken	KILBARCHAN AAC	48.55
3 Stephen Johnston	KILBARCHAN AAC	50.92
4 Callum Letham	DUNDEE HAWKH	51.26
5 Ewan Purves	EDINBURGH AC	51.27

Sunday 30th January Event 50 Heptathlon: #7 Men 1000 m U17 Men

CBP: B 2:47.37 03/02/2018 Murray Fotheringham, Giffnock Nor
 2019: 2:58.64 16/02/2019 Murray Fotheringham U17, Giffnock
 2020: 2:48.57 01/02/2020 Lewis Thomson, Perth Strath

Name	Age Team	Finals	Points
1 Ben Heron	NORTH AYRSHIRE AAC	2:50.95	756
2 James Harney	EAST CHESHIR	2:53.43	730
3 Tom Palmer	ELGIN AAC	2:58.84	676
4 Finn Bryce	ABERDEEN AAC	3:06.11	606
5 Daniel Martin	GIFFNOCK NORTH AC	3:13.77	536
6 Dylan Gee	NORTH AYRSHIRE AAC	3:17.61	502
7 Derek Warn 55	SOUTHAMPTON AC	4:52.48	174

Sunday 30th January Event 52 Indoor Pentathlon: #5 Women 800 m U17 Women

CBP: B 2:15.82 14/02/2016 Holly McArthur, Whitemoss AA
 2019: 2:33.00 17/02/2019 Jessica Forrest U17, Edinburgh AC
 2020: 2:32.51 02/02/2020 Libby Currie, Whitemoss AA

Name	Age Team	Finals	Points
1 Lily Simon	PITREAVIE AAC	2:22.78	786
2 Mia Sokoluk	LIVINGSTON AC	2:39.39	580
3 Holly Slater	GIFFNOCK NORTH AC	2:53.73	426
4 Cara Slater	GIFFNOCK NORTH AC	2:59.65	368
5 Ellie McGee	ABERDEEN AAC	3:14.19	245
Section 2			
1 May Mannion	EAST CHESHIR	2:35.97	620
2 Esther Taylor	HARMENY AC	2:41.48	556
3 Madeline McGregor	NORTH AYRSHIRE AAC	2:50.20	462
4 Kirstin Penman	DUNFERMLINE	3:00.39	362
5 Lucy Boules	LIVINGSTON AC	3:02.42	343
6 Cara Weir	GIFFNOCK NORTH AC	3:13.56	249
Section 3			
1 Carly Smith	LIVINGSTON AC	2:23.04	783
2 Nell McGregor	NORTH AYRSHIRE AAC	2:24.18	768
3 Stroma Fraser	INVERNESS HA	2:34.60	636
4 Holly Gordon	PITREAVIE AAC	2:46.96	496
5 Zoe Loughrey	VP-GLASGOW AC	2:48.13	483
6 Darcie Black	DUNFERMLINE	3:05.47	316

Sunday 30th January Event 53 Indoor Pentathlon: #5 Women 800 m U20 Women

CBP: B 2:13.81 17/02/2019 Steph Driscoll U20, Liverpool Ha
2019: 2:13.81 17/02/2019 Steph Driscoll U20, Liverpool Ha
2020: 2:20.36 02/02/2020 Anna McCauley, City of Lisb

Name	Age	Team	Finals	Points
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Section 1

1	Emily Stratton	FALKIRK VICT	2:28.60	711
2	Lynn Harvey	PITREAVIE AAC	2:29.68	697
3	Katherine Fowler	CENTRAL AC	2:33.43	651
4	Isla Raeburn	KILMARNOCK H&AC	2:39.44	579
5	Emily Happell	AYR SEAFORTH AC	2:43.28	536
6	Ellen Montgomery	CENTRAL AC	2:49.64	467

Section 2

1	Neve Davenport	TRAFFORD AC	2:29.05	705
2	Rosella Togo	BURY AC	2:30.29	689
3	Amy Kennedy	CUMBERNAULD AAC	2:31.26	677
4	Brooke Dunlop	KILMARNOCK H&AC	2:34.38	639
5	Ellise Fryer-francis	SALE HARRIERS	2:38.31	592
6	Hannah Wallace	CUMBERNAULD AAC	2:43.83	530
7	Ashley Watson	HARTLEPOOL YOUTH AC	2:45.40	513

Sunday 30th January Event 53 Indoor Pentathlon: #5 Women 800 m Senior Women

CBP: B 2:19.03 02/02/2020 Jo Rowland, Crawley AC
2019: 2:19.36 17/02/2019 Jo Rowland, Crawley AC
2020: 2:19.03 02/02/2020 Jo Rowland, Crawley AC

Name	Age	Team	Finals	Points
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Section 1

1	Emma Canning	EDINBURGH AC	2:19.86	825
2	Anna Forbes	VP-GLASGOW AC	2:35.66	624
3	Emma Kelly	KILBARCHAN AAC	2:42.34	546
4	Phoebe Lewis	NORTH AYRSHIRE AAC	2:53.61	427

Sunday 30th January Event 54 Indoor Pentathlon: #5 Girls 800 m U15 Girls

CBP: B 2:20.95 14/02/2016 Steph Driscoll, Kendal AC
2019: 2:29.68 17/02/2019 Codie McHolm, Larkhall YMC
2020: 2:21.76 02/02/2020 Carly Smith, Edinburgh AC

Name	Age	Team	Finals	Points
------	-----	------	--------	--------

1	Hannah Cameron	BANCHORY STO	2:43.31	535
2	Ava Dunbar	CUMBERNAULD AAC	2:45.12	516
3	Millie Newall	SPRINGBURN HARRIERS	2:46.27	503
4	Isla Penman	BANCHORY STO	2:51.51	448
5	Rachel Barnett	DUNFERMLINE	2:52.87	434

Section 2

1	Naideen Dailly	NORTH AYRSHIRE AAC	2:36.91	609
2	Jaymee Brown	NORTH AYRSHIRE AAC	2:46.34	502
3	Charis Crawford	SPRINGBURN HARRIERS	2:48.65	478
4	Jemma Smith	LIVINGSTON AC	2:54.68	416
5	Connie Bateman	CENTRAL AC	2:58.76	377

Section 3

1	Grace Elizabeth Malley	WHITEMOSS AAC	2:31.13	679
2	Senna Gorvett	BLYTH RUNNING CLUB	2:32.26	665
3	Hannah McDermott	VP-GLASGOW AC	2:34.28	640
4	Victoria Anestik	FALKIRK VICT	2:38.17	594
5	Ava Mitchell	VP-GLASGOW AC	2:51.42	449
6	Jessie Caig	VP-GLASGOW AC	3:16.22	229

Sunday 30th January Event 55 Heptathlon: #7 Men 1000 m U20 Men

CBP: B 2:37.09 04/03/2017 Euan Urquhart, VP-Glasgow A
 2019: 2:49.35 16/02/2019 Matthew Chandler U20, Central AC
 2020: 2:53.63 01/02/2020 Scott Brindley, North Ayrshi

Name Age Team Finals Points

Section 1

1	William Hodi	NAIRN AREA AAC	2:44.15	828
2	Howard Bell	KILBARCHAN AAC	2:53.78	726
3	Louis Morrison	TRAFFORD AC	2:54.85	716
4	Jonathan Cameron	INVERCLYDE AC	2:55.97	704
5	Dean Murdoch	ELGIN AAC	3:00.65	658
6	Matthew Chandler	KILBARCHAN AAC	3:04.14	624
7	Ross Lawrie	CENTRAL AC	3:10.81	562
8	Alister Mackay	INVERNESS HA	3:10.89	561
9	Lewis Vick	NORTH AYRSHIRE AAC	3:11.91	552
10	Eden Duff	KILBARCHAN AAC	3:18.76	492
11	Dakota Sattar	VP-GLASGOW AC	3:25.60	435

Sunday 30th January Event 56 Heptathlon: #7 Men 1000 m Senior Men

CBP: B 2:40.68 01/02/2020 Jack Nicholls, Cambridge & Cole
 2019: 2:43.79 16/02/2019 Andrew Murphy, Kilbarchan A
 2020: 2:40.68 01/02/2020 Jack Nicholls, Cambridge & Cole

Name Age Team Finals Points

1	Howard Bell	KILBARCHAN AAC	2:53.78	726
2	Matthew Chandler	KILBARCHAN AAC	3:04.14	624
3	Eden Duff	KILBARCHAN AAC	3:18.76	492

Sunday 30th January Event 57 Indoor Pentathlon: #2 Girls High Jump U15 Girls

=====
 CBP: B 1.61m 02/02/2020 Kate Harvie, Lasswade AC
 CBP: B 1.61m 14/02/2016 Beau Studholme, Carlisle Asp
 2019: 1.55m 17/02/2019 Maia Helm, Dunfermline
 2020: 1.61m 02/02/2020 Kate Harvie, Lasswade AC

Name	Age	Team	Finals	Points
=====				
Flight 1				
1 Hannah McDermott		VP-GLASGOW AC	1.50m	621
1.38 1.41 1.44 1.47 1.50 1.53				
O O XO O XO XXX				
2 Loren Stewart		CENTRAL AC	1.47m	588
1.35 1.38 1.41 1.44 1.47 1.50				
O O O XO XXO XXX				
2 Senna Gorvett		BLYTH RUNNING CLUB	1.47m	588
1.32 1.35 1.38 1.41 1.44 1.47 1.50				
O O O O O XXO XXX				
4 Victoria Anestik		FALKIRK VICT	1.38m	491
1.23 1.26 1.29 1.32 1.35 1.38 1.41				
O O O O O XO XXX				
4 Charis Crawford		SPRINGBURN HARRIERS	1.38m	491
1.23 1.26 1.29 1.32 1.35 1.38 1.41				
O O O O O O XXX				
6 Grace Elizabeth Malley		WHITEMOSS AAC	1.35m	460
1.29 1.32 1.35 1.38				
O O O XXX				
7 Abigail Huntly		BLYTH RUNNING CLUB	1.23m	340
1.20 1.23 1.26				
O O XXX				
7 Jessie Caig		VP-GLASGOW AC	1.23m	340
1.23 1.26				
XO XXX				
Flight 2				
1 Ava Mitchell		VP-GLASGOW AC	1.41m	523
1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44				
O O O XO XXO XXO O XXO XXX				
2 Naideen Dailly		NORTH AYRSHIRE AAC	1.38m	491
1.29 1.32 1.35 1.38 1.41				
O O O O XXX				
2 Jemma Smith		LIVINGSTON AC	1.38m	491
1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41				
O O O O XO O XO XO O XXX				
4 Jaymee Brown		NORTH AYRSHIRE AAC	1.29m	399
1.20 1.23 1.26 1.29 1.32				
XO O XXO XXO XXX				
4 Millie Newall		SPRINGBURN HARRIERS	1.29m	399
1.17 1.20 1.23 1.26 1.29 1.32				
O O O XXO XXO XXX				
6 Ava Dunbar		CUMBERNAULD AAC	1.23m	340
1.17 1.20 1.23 1.26				
O XO XXO XXX				
6 Rachel Barnett		DUNFERMLINE	1.23m	340
1.14 1.17 1.20 1.23 1.26				
O O XO O XXX				
6 Isla Penman		BANCHORY STO	1.23m	340
1.11 1.14 1.17 1.20 1.23 1.26				
O O O XO O XXX				
9 Hannah Cameron		BANCHORY STO	1.20m	312
1.11 1.14 1.17 1.20 1.23				
O O O XXO XXX				
10 Connie Bateman		CENTRAL AC	1.17m	284
1.14 1.17 1.20				
O XXO XXX				
10 Sarah Kane		DUNFERMLINE	1.17m	284
1.11 1.14 1.17 1.20				
O XXO XXO XXX				

Sunday 30th January Event 58 Indoor Pentathlon: #3 Women Shot Put U17 Women

=====
 CBP: B 12.67m 02/02/2020 Amy Kennedy, Cumbernauld
 2019: 11.73m 17/02/2019 Amy Kennedy U17, Cumbernauld
 2020: 12.67m 02/02/2020 Amy Kennedy, Cumbernauld

Name	Age	Team	Finals	Points
Flight 1				
1 Darcie Black		DUNFERMLINE	10.79m	581
10.42m 10.79m 9.95m				
2 Stroma Fraser		INVERNESS HA	10.66m	573
10.66m 10.41m 10.48m				
3 Carly Smith		LIVINGSTON AC	10.51m	563
10.16m 10.51m 9.91m				
4 Zoe Loughrey		VP-GLASGOW AC	10.06m	533
9.86m 10.06m 8.89m				
5 Jenna Hilditch		VP-GLASGOW AC	9.30m	484
9.21m 9.14m 9.30m				
6 Cara Weir		GIFFNOCK NORTH AC	8.51m	432
8.28m 8.51m 8.40m				
7 Mia Sokoluk		LIVINGSTON AC	8.36m	423
7.64m 8.36m 7.84m				
8 Nell McGregor		NORTH AYRSHIRE AAC	8.35m	422
8.35m 8.35m 7.87m				
9 Holly Gordon		PITREAVIE AAC	8.17m	410
8.10m 7.56m 8.17m				
10 May Mannion		EAST CHESHIR	8.16m	410
7.95m 7.10m 8.16m				
11 Madeline McGregor		NORTH AYRSHIRE AAC	8.11m	406
8.11m 8.03m 7.33m				
12 Esther Taylor		HARMENY AC	7.63m	375
7.41m 7.10m 7.63m				
13 Kirstin Penman		DUNFERMLINE	7.52m	368
6.91m 7.29m 7.52m				
14 Olivia Boyle		WHITEMOSS AAC	7.47m	365
7.18m 7.47m 7.07m				
15 Lucy Boules		LIVINGSTON AC	7.36m	358
7.30m 7.36m 6.81m				
16 Ellie McGee		ABERDEEN AAC	7.31m	355
6.45m 7.31m 7.20m				
17 Lily Simon		PITREAVIE AAC	7.20m	348
7.20m 6.76m 6.31m				
18 Cara Slater		GIFFNOCK NORTH AC	6.39m	296
6.39m 6.19m 5.99m				
19 Holly Slater		GIFFNOCK NORTH AC	6.27m	288
6.23m 6.27m 6.22m				
20 Rachel Mcphillips		WHITEMOSS AAC	6.17m	282
6.17m 6.06m X				

Sunday 30th January Event 59 Heptathlon: #6 Men Pole Vault U17 Men

=====												
CBP: B 4.27m 03/02/2018 Scott Brindley, North Ayrshi												
2019: 3.77m 16/02/2019 Murray Fotheringham U17, Giffnock No												
2020: 3.97m 01/02/2020 Aidan Brindley, North Ayrshi												
Name			Age	Team							Finals	Points
=====												
1 James Harney				EAST CHESHIRE							3.27m	423
	2.47	2.57	2.67	2.77	2.87	2.97	3.07	3.17	3.27	3.37		
	O	O	O	O	O	O	O	O	O	XXX		
1 Daniel Martin				GIFFNOCK NORTH AC							3.27m	423
	2.57	2.67	2.77	2.87	2.97	3.07	3.17	3.27	3.37			
	O	-	-	O	O	O	XO	O	XXX			
3 Ben Heron				NORTH AYRSHIRE AAC							2.77m	303
	2.17	2.27	2.37	2.47	2.57	2.67	2.77	2.87				
	O	O	O	O	O	O	XO	XXX				
4 Finn Bryce				ABERDEEN AAC							2.67m	280
	2.27	2.37	2.47	2.57	2.67	2.77						
	O	O	XO	XO	O	XXX						
5 Dylan Gee				NORTH AYRSHIRE AAC							2.37m	214
	2.17	2.27	2.37	2.47								
	O	XO	O	XXX								
-- Tom Palmer				ELGIN AAC							NH	
	2.17											
	XXX											

Sunday 30th January Event 60 Indoor Pentathlon: #2 Women High Jump U20 / Senior Women

=====												
CBP: B 1.75m 02/02/2020 Abigail Pawlett, Stockport Tr												
2019: 1.66m 17/02/2019 Rhea Southcott U20, Leeds City A												
2020: 1.75m 02/02/2020 Abigail Pawlett, Stockport Tr												
Name			Age	Team							Finals	Points
=====												
1 Emma Canning				EDINBURGH AC							1.63m	771
	1.54	1.57	1.60	1.63	1.66							
	O	-	O	XO	XXX							
1 Amy Kennedy				CUMBERNAULD AAC							1.63m	771
	1.51	1.54	1.57	1.60	1.63	1.66						
	O	O	O	O	XO	XXX						
3 Ellise Fryer-francis				SALE HARRIERS							1.60m	736
	1.48	1.51	1.54	1.57	1.60	1.63						
	O	O	XO	O	XO	XXX						
4 Rosella Togo				BURY AC							1.60m	736
	1.45	1.48	1.51	1.54	1.57	1.60	1.63					
	O	O	O	XXO	XO	O	XXX					
4 Brooke Dunlop				KILMARNOCK H&AC							1.60m	736
	1.42	1.45	1.48	1.51	1.54	1.57	1.60	1.63				
	O	O	O	O	O	XO	XXO	XXX				
6 Emily Stratton				FALKIRK VICT							1.60m	736
	1.45	1.48	1.51	1.54	1.57	1.60	1.63					
	O	XO	O	XO	XXO	XXO	XXX					
7 Anna Forbes				VP-GLASGOW AC							1.57m	701
	1.51	1.54	1.57	1.60								
	O	O	XO	XXX								
8 Neve Davenport				TRAFFORD AC							1.54m	666
	1.45	1.48	1.51	1.54	1.57							
	O	O	O	O	XXX							
9 Isla Raeburn				KILMARNOCK H&AC							1.51m	632
	1.42	1.45	1.48	1.51	1.54							
	O	O	O	XO	XXX							
10 Katherine Fowler				CENTRAL AC							1.51m	632
	1.45	1.48	1.51	1.54								
	O	O	XO	XXX								

Sunday 30th January Event 60 Indoor Pentathlon: #4 Women High Jump U20 / Senior Women

=====						
	CBP: B	1.72m	17/02/2019	Sarah Connolly, Harrow AC		
	2019:	1.72m	17/02/2019	Sarah Connolly, Harrow AC		
	2020:	1.69m	02/02/2020	Grace Bower, Sale Harrier		
Name	Age	Team	Finals	Points		
=====						
1 Hannah Wallace		CUMBERNAULD AAC	1.57m	701		
	1.45	1.48	1.51	1.54	1.57	1.60
	O	O	O	O	XXO	XXX
2 Ashley Watson		HARTLEPOOL YOUTH AC	1.45m	566		
	1.36	1.39	1.42	1.45	1.48	
	O	O	XO	O	XXX	
3 Phoebe Lewis		NORTH AYRSHIRE AAC	1.39m	502		
	1.36	1.39	1.42			
	O	XXO	XXX			
4 Emily Happell		AYR SEAFORTH AC	1.36m	470		
	1.27	1.30	1.33	1.36	1.39	
	O	XXO	O	XO	XXX	
5 Lynn Harvey		PITREAVIE AAC	1.33m	439		
	1.30	1.33	1.36			
	O	O	XXX			
6 Ellen Montgomery		CENTRAL AC	1.27m	379		
	1.27	1.30				
	XXO	XXX				
-- Emma Kelly		KILBARCHAN AAC	NH			
	1.27					
	XXX					

Sunday 30th January Event 61 Indoor Pentathlon: #4 Women Long Jump U17 Women

CBP: B 5.38m 05/03/2017 Lucy Davison, Edinburgh AC
 CBP: B 5.53m 04/02/2018 Nicole Proudfoot, Annan & Dist
 2019: 5.47m 17/02/2019 Daisy Worthington U17, Bury AC
 2020: 5.28m 02/02/2020 Jena Dickinson, Bury AC

Name	Age	Team	Finals	Points
1 Carly Smith		LIVINGSTON AC	4.70m	479
4.07m 4.70m X				
2 Olivia Boyle		WHITEMOSS AAC	4.46m	418
4.18m 4.30m 4.46m				
3 Esther Taylor		HARMENY AC	4.33m	386
4.08m 4.33m 4.02m				
4 Lucy Boules		LIVINGSTON AC	4.30m	379
4.30m 4.29m 4.09m				
5 Cara Weir		GIFFNOCK NORTH AC	4.27m	371
4.05m 4.27m 4.02m				
6 Ellie McGee		ABERDEEN AAC	4.24m	364
4.24m 4.19m X				
7 Mia Sokoluk		LIVINGSTON AC	4.18m	350
4.18m 3.71m 3.25m				
8 Madeline McGregor		NORTH AYRSHIRE AAC	4.17m	347
4.04m 4.07m 4.17m				
8 Lily Simon		PITREAVIE AAC	4.17m	347
3.90m 3.85m 4.17m				
10 Rachel Mcphillips		WHITEMOSS AAC	3.82m	267
3.82m 3.44m 3.74m				

Flight 2

1 Stroma Fraser		INVERNESS HA	5.26m	631
4.81m 5.12m 5.26m				
2 Jenna Hilditch		VP-GLASGOW AC	5.19m	612
5.19m X X				
3 Darcie Black		DUNFERMLINE	5.18m	609
4.80m 4.91m 5.18m				
4 Zoe Loughrey		VP-GLASGOW AC	4.97m	551
4.97m 4.96m X				
5 Holly Slater		GIFFNOCK NORTH AC	4.86m	522
4.81m 4.78m 4.86m				
6 May Mannion		EAST CHESHIRE	4.81m	508
X 4.81m 4.78m				
7 Holly Gordon		PITREAVIE AAC	4.79m	503
4.40m 4.73m 4.79m				
8 Nell McGregor		NORTH AYRSHIRE AAC	4.74m	490
X 4.74m 4.45m				
9 Kirstin Penman		DUNFERMLINE	4.37m	396
4.04m 4.22m 4.37m				
9 Cara Slater		GIFFNOCK NORTH AC	4.37m	396
3.84m 4.37m X				

Sunday 30th January Event 62 Heptathlon: #4 Men High Jump Mas Men

National: N 1.44m 03/02/2018 Derek Glasgow M50, Inverness Ha
 CBP: B 1.33m 16/02/2019 Bob Masson M70, Aberdeen AAC
 2019: 1.33m 16/02/2019 Bob Masson M70, Aberdeen AAC
 2020: 1.54m 01/02/2020 Dave Awde 35, Birchfield H

Name	Age	Team	Finals	Points
Flight 1				
1 Derek Warn	55	SOUTHAMPTON AC	1.27m	426
1.15 1.18 1.21 1.24 1.27 1.30				
O - O XO O XXX				

Sunday 30th January Event 63 Indoor Pentathlon: #4 Girls Long Jump U15 Girls

=====

CBP: B 5.27m 04/02/2018 Erin Lobley, Hallamshire
 2019: 5.17m 17/02/2019 Paige Stevens, Falkirk Vict
 2020: 5.05m 02/02/2020 Darcie Black, Dunfermline

Name	Age	Team	Finals	Points
1 Ava Mitchell		VP-GLASGOW AC	4.42m	408
4.41m 4.28m 4.42m				
2 Jaymee Brown		NORTH AYRSHIRE AAC	4.32m	384
4.24m 4.17m 4.32m				
3 Hannah Cameron		BANCHORY STO	4.23m	362
4.14m 4.23m 3.86m				
4 Jemma Smith		LIVINGSTON AC	4.14m	340
4.14m 4.14m 4.00m				
5 Sarah Kane		DUNFERMLINE	4.09m	329
4.04m 4.09m 4.06m				
6 Ava Dunbar		CUMBERNAULD AAC	3.92m	290
X 3.92m X				
7 Charis Crawford		SPRINGBURN HARRIERS	3.87m	279
3.87m 3.77m 3.77m				
8 Rachel Barnett		DUNFERMLINE	3.76m	254
3.54m 3.76m 3.58m				
9 Millie Newall		SPRINGBURN HARRIERS	3.71m	244
3.71m 3.54m 3.58m				
10 Abigail Huntly		BLYTH RUNNING CLUB	3.53m	206
2.78m 3.53m 3.42m				
Flight 2				
1 Victoria Anestik		FALKIRK VICT	5.11m	589
5.04m 4.98m 5.11m				
2 Jessie Caig		VP-GLASGOW AC	4.86m	522
4.70m 4.86m 4.76m				
3 Hannah McDermott		VP-GLASGOW AC	4.72m	485
4.69m 4.72m X				
4 Grace Elizabeth Malley		WHITEMOSS AAC	4.39m	401
4.35m 4.27m 4.39m				
5 Connie Bateman		CENTRAL AC	4.32m	384
4.03m 4.21m 4.32m				
6 Senna Gorvett		BLYTH RUNNING CLUB	4.30m	379
4.27m 4.21m 4.30m				
7 Isla Penman		BANCHORY STO	4.12m	336
4.04m 3.85m 4.12m				
8 Naideen Dailly		NORTH AYRSHIRE AAC	4.01m	310
X 4.01m 3.95m				

Sunday 30th January Event 64 Indoor Pentathlon: #3 Women Shot Put U20 Women

CBP: B 13.36m 17/02/2019 Rhea Southcott U20, Leeds City A
 2019: 13.36m 17/02/2019 Rhea Southcott U20, Leeds City A
 2020: 11.20m 02/02/2020 Abigail Pawlett, Stockport Tr

Name	Age	Team	Finals	Points
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Flight 1

1	Amy Kennedy	CUMBERNAULD AAC	12.33m	683
	12.33m 12.31m 11.89m			
2	Rosella Togo	BURY AC	10.88m	587
	10.88m 10.43m 10.60m			
3	Neve Davenport	TRAFFORD AC	10.56m	566
	9.70m 10.56m 9.79m			
4	Ellise Fryer-francis	SALE HARRIERS	10.30m	549
	9.98m 10.01m 10.30m			
5	Ashley Watson	HARTLEPOOL YOUTH AC	9.18m	476
	8.03m 9.18m 7.63m			
6	Isla Raeburn	KILMARNOCK H&AC	8.96m	462
	8.35m 8.96m 8.61m			
7	Katherine Fowler	CENTRAL AC	8.17m	410
	7.11m 7.42m 8.17m			
8	Hannah Wallace	CUMBERNAULD AAC	7.98m	398
	7.17m 7.84m 7.98m			
9	Brooke Dunlop	KILMARNOCK H&AC	7.91m	394
	7.32m 7.23m 7.91m			
10	Emily Stratton	FALKIRK VICT	7.31m	355
	7.16m 7.29m 7.31m			
11	Emily Happell	AYR SEAFORTH AC	7.28m	353
	6.62m 7.28m 7.20m			
12	Ellen Montgomery	CENTRAL AC	6.89m	328
	5.11m 6.17m 6.89m			
13	Lynn Harvey	PITREAVIE AAC	6.71m	316
	X 6.71m 6.61m			

Sunday 30th January Event 64 Indoor Pentathlon: #3 Women Shot Put Senior Women

CBP: B 14.09m 17/02/2019 Jo Rowland, Crawley AC
 2019: 14.09m 17/02/2019 Jo Rowland, Crawley AC
 2020: 13.60m 02/02/2020 Jo Rowland, Crawley AC

Name	Age	Team	Finals	Points
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1	Emma Canning	EDINBURGH AC	9.12m	472
	9.12m 8.84m X			
2	Anna Forbes	VP-GLASGOW AC	8.83m	453
	8.26m 8.57m 8.83m			
3	Phoebe Lewis	NORTH AYRSHIRE AAC	7.69m	379
	7.21m 7.69m 7.60m			
4	Emma Kelly	KILBARCHAN AAC	6.66m	313
	6.66m 6.21m 6.63m			

Sunday 30th January Event 65 Heptathlon: #6 Men Pole Vault U20 Men

=====												
CBP: B 4.57m 01/02/2020 Scott Brindley, North Ayrshi												
2019: 4.27m 16/02/2019 Scott Connal U20, Edinburgh AC												
2020: 4.57m 01/02/2020 Scott Brindley, North Ayrshi												
Name	Age		Team		Finals							Points
=====												
1 William Hodi			NAIRN AREA AAC		3.97m							609
3.07 3.17 3.27 3.37 3.47 3.57 3.67 3.77 3.87 3.97 4.07												
- - - - - - - XXO O O XXX												
2 Alister Mackay			INVERNESS HA		3.57m							501
3.07 3.17 3.27 3.37 3.47 3.57 3.67												
- O - O O XXO XXX												
3 Louis Morrison			TRAFFORD AC		3.37m							449
2.97 3.07 3.17 3.27 3.37 3.47												
XO - O O O XXX												
4 Dakota Sattar			VP-GLASGOW AC		2.47m							235
2.17 2.27 2.37 2.47 2.57												
XO - - O XXX												
5 Lewis Vick			NORTH AYRSHIRE AAC		2.37m							214
2.17 2.27 2.37 2.47												
O X XO XXX												
6 Dean Murdoch			ELGIN AAC		2.27m							193
2.17 2.27 2.37												
XXO O XXX												
-- Jonathan Cameron			INVERCLYDE AC		NH							
2.27												
XXX												
-- Ross Lawrie			CENTRAL AC		NH							
2.17												
XXX												

Sunday 30th January Event 65 Heptathlon: #6 Men Pole Vault Senior Men

=====												
CBP: B 5.17m 01/02/2020 Jack Phipps, Birchfield H												
2019: 5.07m 16/02/2019 Jack Phipps, Birchfield H												
2020: 5.17m 01/02/2020 Jack Phipps, Birchfield H												
Name	Age		Team		Finals							Points
=====												
1 Howard Bell			KILBARCHAN AAC		4.47m							751
3.07 3.17 3.27 3.37 3.47 3.57 3.67 3.77 3.87 3.97 4.07 4.17 4.27 4.37 4.47 4.57												
- - - - - - - - - - O XO O XO XXX												
2 Matthew Chandler			KILBARCHAN AAC		3.57m							501
3.07 3.17 3.27 3.37 3.47 3.57 3.67 3.77												
- - - - - O - XXX												
-- Eden Duff			KILBARCHAN AAC		NH							
2.17												
XXX												

Sunday 30th January Event 66 Indoor Pentathlon: #2 Women High Jump U17 Women

=====						
	CBP: B	1.68m	05/03/2017	Claire McGarvey, Banchory Sto		
	2019:	1.66m	17/02/2019	Abbey Orr U17, VP-Glasgow A		
	2020:	1.66m	02/02/2020	Abbey Orr, VP-Glasgow A		
Name	Age	Team	Finals	Points		
=====						
1 Jenna Hilditch		VP-GLASGOW AC	1.63m	771		
	1.48	1.51	1.54	1.57	1.60	1.63
	O	O	O	XO	O	XXO
2 Darcie Black		DUNFERMLINE	1.57m	701		
	1.45	1.48	1.51	1.54	1.57	1.60
	O	O	O	XO	XO	XXX
3 Stroma Fraser		INVERNESS HA	1.51m	632		
	1.42	1.45	1.48	1.51	1.54	
	O	O	XXO	O	XXX	
3 Holly Gordon		PITREAVIE AAC	1.51m	632		
	1.42	1.45	1.48	1.51	1.54	
	O	O	XXO	XO	XXX	
5 Cara Slater		GIFFNOCK NORTH AC	1.48m	599		
	1.39	1.42	1.45	1.48	1.51	
	O	O	O	XXO	XXX	
5 Lily Simon		PITREAVIE AAC	1.48m	599		
	1.36	1.39	1.42	1.45	1.48	1.51
	O	XO	O	XXO	XO	XX
7 Madeline McGregor		NORTH AYRSHIRE AAC	1.45m	566		
	1.39	1.42	1.45	1.48		
	O	XO	O	XXX		
7 Cara Weir		GIFFNOCK NORTH AC	1.45m	566		
	1.39	1.42	1.45	1.48		
	O	XO	O	XXX		
9 Lucy Boules		LIVINGSTON AC	1.42m	534		
	1.39	1.42	1.45			
	O	O	XXX			
9 Zoe Loughrey		VP-GLASGOW AC	1.42m	534		
	1.36	1.39	1.42	1.45		
	O	XO	XXO	XXX		

Sunday 30th January Event 66 Indoor Pentathlon: #2 Women High Jump U17 Women

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=====
Flight 2
1 Esther Taylor          HARMENY AC          1.42m    534
  1.30 1.33 1.36 1.39 1.42 1.45
    O   O   O   O   O   XXX
2 Kirstin Penman        DUNFERMLINE        1.39m    502
  1.27 1.30 1.33 1.36 1.39 1.42
    O   O   O   O  XXO  XXX
2 May Mannion           EAST CHESHIR        1.39m    502
  1.27 1.30 1.33 1.36 1.39 1.42
    O   O   O   O   XO  XXX
2 Nell McGregor         NORTH AYRSHIRE AAC  1.39m    502
  1.30 1.33 1.36 1.39 1.42
    O   O   O  XXO  XXX
5 Carly Smith           LIVINGSTON AC       1.33m    439
  1.27 1.30 1.33 1.36
    O   O   O  XXX
5 Holly Slater          GIFFNOCK NORTH AC  1.33m    439
  1.27 1.30 1.33 1.36
    O  XXO   O  XXX
7 Ellie McGee           ABERDEEN AAC        1.30m    409
  1.27 1.30 1.33
    O   XO  XXX
-- Olivia Boyle         WHITEMOSS AAC        NH
  1.27
  XXX
-- Mia Sokoluk          LIVINGSTON AC       NH
  1.27
  XXX
-- Rachel Mcphillips    WHITEMOSS AAC        NH
  1.27
  XXX
    
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Sunday 30th January Event 67 Indoor Pentathlon: #3 Girls Shot Put U15 Girls

CBP: B 11.25m 17/02/2019 Paige Stevens, Falkirk Vict
 2019: 11.25m 17/02/2019 Paige Stevens, Falkirk Vict
 2020: 9.49m 02/02/2020 Georgina Mabbott, Gateshead Ha

Name	Age	Team	Finals	Points
Flight 1				
1 Victoria Anestik		FALKIRK VICT	10.63m	571
	10.63m	10.37m	10.45m	
2 Jessie Caig		VP-GLASGOW AC	9.89m	522
	9.89m	9.80m	9.52m	
3 Hannah McDermott		VP-GLASGOW AC	9.62m	505
	8.54m	9.62m	8.78m	
4 Ava Mitchell		VP-GLASGOW AC	9.55m	500
	8.98m	9.55m	8.46m	
5 Senna Gorvett		BLYTH RUNNING CLUB	8.02m	401
	7.30m	7.63m	8.02m	
6 Abigail Huntly		BLYTH RUNNING CLUB	7.96m	397
	7.96m	6.81m	7.38m	
7 Connie Bateman		CENTRAL AC	7.79m	386
	7.79m	7.65m	7.67m	
8 Millie Newall		SPRINGBURN HARRIERS	7.63m	375
	7.63m	6.51m	6.85m	
9 Naideen Dailly		NORTH AYRSHIRE AAC	7.27m	352
	7.20m	6.80m	7.27m	
10 Jemma Smith		LIVINGSTON AC	6.99m	334
	6.56m	6.99m	6.03m	
11 Grace Elizabeth Malley		WHITEMOSS AAC	6.96m	332
	6.32m	6.96m	6.83m	
12 Hannah Cameron		BANCHORY STO	6.42m	298
	6.42m	5.61m	5.27m	
13 Sarah Kane		DUNFERMLINE	6.41m	297
	6.28m	5.89m	6.41m	
14 Jaymee Brown		NORTH AYRSHIRE AAC	5.97m	269
	5.65m	5.25m	5.97m	
15 Isla Penman		BANCHORY STO	5.76m	256
	4.70m	5.76m	4.76m	
16 Ava Dunbar		CUMBERNAULD AAC	5.25m	224
	5.25m	4.47m	4.91m	
17 Charis Crawford		SPRINGBURN HARRIERS	5.22m	222
	X	X	5.22m	
18 Rachel Barnett		DUNFERMLINE	5.06m	212
	4.38m	5.06m	X	

Sunday 30th January Event 68 Indoor Pentathlon: #2 Women Long Jump Senior Women

CBP: B 5.92m 17/02/2019 Jo Rowland, Crawley AC
 2019: 5.92m 17/02/2019 Jo Rowland, Crawley AC
 2020: 5.89m 02/02/2020 Jo Rowland, Crawley AC

Name	Age	Team	Finals	Points
1 Emma Canning		EDINBURGH AC	5.84m	801
	4.45m	5.84m	-	
2 Anna Forbes		VP-GLASGOW AC	5.32m	648
	5.22m	5.32m	5.06m	
3 Phoebe Lewis		NORTH AYRSHIRE AAC	4.44m	413
	4.14m	4.29m	4.44m	
4 Emma Kelly		KILBARCHAN AAC	4.04m	317
	4.04m	3.99m	-	

Sunday 30th January Event 68 Indoor Pentathlon: #4 Women Long Jump U20 Women

=====					
	CBP: B	5.93m	04/02/2018	Grace Bower, Sale Harrier	
	2019:	5.22m	17/02/2019	Steph Driscoll U20, Liverpool Ha	
	2020:	5.70m	02/02/2020	Abigail Pawlett, Stockport Tr	
Name	Age	Team	Finals	Points	
=====					
1 Rosella Togo		BURY AC	5.36m	660	
	5.31m	5.36m	X		
2 Amy Kennedy		CUMBERNAULD AAC	5.34m	654	
	5.20m	5.34m	5.31m		
3 Ellise Fryer-francis		SALE HARRIERS	5.31m	645	
	5.11m	5.31m	5.30m		
4 Neve Davenport		TRAFFORD AC	5.26m	631	
	4.84m	5.23m	5.26m		
5 Hannah Wallace		CUMBERNAULD AAC	5.16m	603	
	5.12m	5.11m	5.16m		
6 Ashley Watson		HARTLEPOOL YOUTH AC	4.98m	554	
	4.98m	4.92m	4.93m		
7 Brooke Dunlop		KILMARNOCK H&AC	4.89m	530	
	4.60m	4.87m	4.89m		
8 Isla Raeburn		KILMARNOCK H&AC	4.76m	495	
	4.70m	4.69m	4.76m		
9 Emily Stratton		FALKIRK VICT	4.74m	490	
	X	4.69m	4.74m		
10 Lynn Harvey		PITREAVIE AAC	4.43m	411	
	4.32m	4.43m	4.21m		
11 Katherine Fowler		CENTRAL AC	4.38m	398	
	4.38m	X	X		
12 Emily Happell		AYR SEAFORTH AC	4.37m	396	
	4.25m	3.94m	4.37m		
13 Ellen Montgomery		CENTRAL AC	4.21m	357	
	X	4.21m	4.01m		

Saturday 29th January Event 501 Boys Indoor Pentathlon U13 Boys

National: N 1862 19/02/2012 Scott Connal
CBP: B 1860 2015 Reuben Nairne, Giffnock North
2019: 1455 16/02/2019 Callum Newton, Dunfermline
2020: 1666 01/02/2020 Luc Macleod, Banchory Sto

Name Age Team Finals

1	Abraham Lanahan	SHETTLESTON	1460
2	Charlie Hunter	DUNFERMLINE	1259
3	Ricco Begnor	AYR SEAFORTH AC	947
4	Zach White	SPRINGBURN HARRIERS	854
5	Murray Graham	SHETTLESTON	807

Saturday 29th January Event 502 Girls Indoor Pentathlon U13 Girls

National: N 2817 03/02/2018 Mya McMahon, Dunfermline
CBP: B 2968 01/02/2020 Emily Bond, North Shield
2019: 2728 16/02/2019 Ashleigh McArdle, Lifford Str
2020: 2968 01/02/2020 Emily Bond, North Shield

Name Age Team Finals

1	Leanna Elliot	AIRDRIE HARRIERS	2268
2	Dionne Maguinness	AIRDRIE HARRIERS	2244
3	Lauren Hewitt	LEIGH HARRIERS	1959
4	Isla Bamber	PRESTON HARRIERS	1784
5	Enya Doran	AIRDRIE HARRIERS	1762
6	Mairi Nicholson	KILBARCHAN AAC	1557
7	Emily Allison	CUMBERNAULD AAC	1442
8	Alexandra Montgomery	CENTRAL AC	1430
9	Erin Longmuir	CUMBERNAULD AAC	1383
10	Charlotte Thomas	DUNFERMLINE	1289
11	Molly Robinson	DUNFERMLINE	1183
12	Murron Kane	DUNFERMLINE	1025
13	Caitlin Chalmers	DUNFERMLINE	757

Saturday 29th January Event 503 Boys Indoor Pentathlon U15 Boys

National: N 2947 15/03/2015 Joel McFarlane
CBP: B 2857 1995 Graeme Allan, Elgin AAC
2019: 2733 16/02/2019 Fergus MacGillp, Pitreavie AA
2020: 2784 01/02/2020 Daniel Martin, Giffnock Nor

Name Age Team Finals

1	Luke Pichler	BLYTH RUNNING CLUB	2835
2	James Clark	VP-GLASGOW AC	2638
3	Luc Macleod	BANCHORY STO	2399
4	Lewis Miller	CENTRAL AC	2243
5	Finlay Cunningham	LIVINGSTON AC	1979
6	Herbie Kay	BOLTON UNITED AC	1954
7	Ross Christie	GALA HARRIERS	1739
8	Ross Mitchell	KILMARNOCK H&AC	1642
9	Donald Ross	TEAM EAST LOTHIAN	1498
10	Jamie Connor	CENTRAL AC	1494
11	Innes McNicol	KILMARNOCK H&AC	1210
12	Frazer Lees	PITREAVIE AAC	1187
13	Joe Crawford	SPRINGBURN HARRIERS	1023
14	Cameron Moore	CENTRAL AC	967

Sunday 30th January Event 504 Girls Indoor Pentathlon U15 Girls

=====
 National: N 3361 09/03/2014 Holly McArthur
 CBP: B 3400 04/02/2018 Erin Lobley, Hallamshire
 2019: 3185 17/02/2019 Paige Stevens, Falkirk Vict
 2020: 3176 02/02/2020 Georgina Mabbott, Gateshead H

Name	Age	Team	Finals
1 Victoria Anestik		FALKIRK VICT	3063
2 Hannah McDermott		VP-GLASGOW AC	3034
3 Senna Gorvett		BLYTH RUNNING CLUB	2764
4 Ava Mitchell		VP-GLASGOW AC	2641
5 Grace Elizabeth Malley		WHITEMOSS AAC	2578
6 Jessie Caig		VP-GLASGOW AC	2453
7 Naideen Dailly		NORTH AYRSHIRE AAC	2303
8 Jaymee Brown		NORTH AYRSHIRE AAC	2149
9 Millie Newall		SPRINGBURN HARRIERS	2035
10 Charis Crawford		SPRINGBURN HARRIERS	2031
11 Jemma Smith		LIVINGSTON AC	1983
12 Connie Bateman		CENTRAL AC	1982
13 Ava Dunbar		CUMBERNAULD AAC	1869
13 Hannah Cameron		BANCHORY STO	1869
15 Isla Penman		BANCHORY STO	1680
16 Rachel Barnett		DUNFERMLINE	1535

Sunday 30th January Event 506 Women Indoor Pentathlon U17 Women

=====
 National: N 3685 15/03/2015 Holly McArthur
 CBP: B 3685 2015 Holly McArthur, Whitemoss
 2019: 3480 17/02/2019 Katie Burr U17, VP-Glasgow A
 2020: 3414 02/02/2020 Rosie Sharples, Falkirk Vict

Name	Age	Team	Finals
1 Stroma Fraser		INVERNESS HA	3210
2 Darcie Black		DUNFERMLINE	3055
3 Carly Smith		LIVINGSTON AC	3037
4 Nell McGregor		NORTH AYRSHIRE AAC	2943
5 Zoe Loughrey		VP-GLASGOW AC	2899
6 May Mannion		EAST CHESHIR	2722
7 Holly Gordon		PITREAVIE AAC	2670
8 Lily Simon		PITREAVIE AAC	2506
9 Esther Taylor		HARMENY AC	2431
10 Madeline McGregor		NORTH AYRSHIRE AAC	2354
11 Kirstin Penman		DUNFERMLINE	2320
12 Lucy Boules		LIVINGSTON AC	2306
13 Holly Slater		GIFFNOCK NORTH AC	2243
14 Cara Slater		GIFFNOCK NORTH AC	2205
15 Cara Weir		GIFFNOCK NORTH AC	2200
16 Ellie McGee		ABERDEEN AAC	2054
17 Mia Sokoluk		LIVINGSTON AC	1938

Sunday 30th January Event 508 Women Indoor Pentathlon U20 Women

Name	Age	Team	Finals
National: N	4096	10/02/2002	Aileen Wilson
CBP: B	3968	02/02/2020	Abigail Pawlett, Stockport Tr
2019:	3621	17/02/2019	Steph Driscoll U20, Liverpool
2020:	3968	02/02/2020	Abigail Pawlett, Stockport Tr
1 Amy Kennedy		CUMBERNAULD AAC	3660
2 Rosella Togo		BURY AC	3563
3 Neve Davenport		TRAFFORD AC	3390
4 Ellise Fryer-francis		SALE HARRIERS	3313
5 Hannah Wallace		CUMBERNAULD AAC	3080
6 Brooke Dunlop		KILMARNOCK H&AC	3072
7 Ashley Watson		HARTLEPOOL YOUTH AC	3019
8 Emily Stratton		FALKIRK VICT	2894
9 Katherine Fowler		CENTRAL AC	2814
10 Isla Raeburn		KILMARNOCK H&AC	2750
11 Emily Happell		AYR SEAFORTH AC	2427
12 Lynn Harvey		PITREAVIE AAC	2351
13 Ellen Montgomery		CENTRAL AC	2032

Sunday 30th January Event 510 Women Indoor Pentathlon Senior Women

Name	Age	Team	Finals
National: N	4096	10/02/2002	Aileen Wilson
CBP: B	4130	17/02/2019	Jo Rowland, Crawley AC
2019:	4130	17/02/2019	Jo Rowland, Crawley AC
2020:	4111	02/02/2020	Jo Rowland, Crawley AC
1 Emma Canning		EDINBURGH AC	3773
2 Anna Forbes		VP-GLASGOW AC	3153
3 Phoebe Lewis		NORTH AYRSHIRE AAC	2227
4 Emma Kelly		KILBARCHAN AAC	1590

Sat 29th & Sun 30th Event 705 Men Heptathlon U17 Men

Name	Age	Team	Finals
National: N	5086	11/03/2018	Scott Brindley, North Ayrshir
CBP: B	4988	03/02/2018	Scott Brindley, N Ayrshire AC
2019:	4785	16/02/2019	Murray Fotheringham U17, Giff
2020:	4320	01/02/2020	Aidan Brindley, North Ayrshi
1 Daniel Martin		GIFFNOCK NORTH AC	4306
2 James Harney		EAST CHESHIRE	4206
3 Ben Heron		NORTH AYRSHIRE AAC	4089
4 Finn Bryce		ABERDEEN AAC	3361
5 Dylan Gee		NORTH AYRSHIRE AAC	2982
6 Tom Palmer		ELGIN AAC	2748

Sat 29th & Sun 30th Event 707 Men Heptathlon U20 Men

National: N 5409 01/02/2020 Scott Brindley, North Ayrshi
 CBP: B 5409 01/02/2020 Scott Brindley, North Ayrshi
 2019: 5367 16/02/2019 Scott Connal U20, Edinburgh A
 2020: 5409 01/02/2020 Scott Brindley, North Ayrshi

Name	Age	Team	Finals
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1	William Hodi	NAIRN AREA AAC	4993
2	Louis Morrison	TRAFFORD AC	4558
3	Alister Mackay	INVERNESS HA	4487
4	Jonathan Cameron	INVERCLYDE AC	3531
5	Dakota Sattar	VP-GLASGOW AC	3505
6	Dean Murdoch	ELGIN AAC	3434
7	Lewis Vick	NORTH AYRSHIRE AAC	2659
8	Ross Lawrie	CENTRAL AC	2432

Sat 29th & Sun 30th Event 709 Men Heptathlon Senior Men

National: N 5662 17/02/2019 Andrew Murphy, Kilbarchan AAC
 CBP: B 5834 04/03/2017 Ben Gregory, Birchfield H
 2019: 5662 16/02/2019 Andrew Murphy, Kilbarchan A
 2020: 5330 01/02/2020 Scott Connal, Kilbarchan A

Name	Age	Team	Finals
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1	Howard Bell	KILBARCHAN AAC	5269
2	Matthew Chandler	KILBARCHAN AAC	4217
3	Eden Duff	KILBARCHAN AAC	2386

Sat 29th & Sun 30th Event 711 Men Heptathlon Mas Men

National: N 3884 03/02/2018 Derek Glasgow M50, Inverness
 CBP: B 4870 16/02/2019 Bob Masson M70, Aberdeen AAC
 2019: 4870 16/02/2019 Bob Masson M70, Aberdeen AAC
 2020: 4489 01/02/2020 Peadar McGing 60, Dundrum Sou

Name	Age	Team	Finals
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1	Derek Warn 55	SOUTHAMPTON AC	2669
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Saturday 29th January Boys Indoor Pentathlon U13 Boys

	Points	60H	LJ	SP	HJ	800
1 Abraham Lanahan SHETTLESTON HARRIERS	1460	11.04 (362)	4.10m (222)	7.29m (324)	1.46m (360)	2:42.17 (192)
2 Charlie Hunter DUNFERMLINE TRACK & FIELD	1259	10.99 (369)	4.10m (222)	6.18m (259)	1.37m (297)	2:51.65 (112)
3 Ricco Begnor AYR SEAFORTH AC	947	12.16 (207)	3.73m (164)	5.99m (248)	1.34m (276)	3:01.31 (52)
4 Zach White SPRINGBURN HARRIERS	854	12.21 (201)	3.94m (196)	6.11m (255)	1.19m (182)	3:08.84 (20)
5 Murray Graham SHETTLESTON HARRIERS	807	12.36 (184)	4.02m (209)	5.11m (197)	1.22m (200)	3:09.73 (17)

Saturday 29th January Girls Indoor Pentathlon U13 Girls

	Points	60H	HJ	SP	LJ	800
1 Leanna Elliot AIRDRIE HARRIERS	2268	10.33 (652)	1.28m (389)	6.43m (299)	4.32m (384)	2:42.51 (544)
2 Dionne Maguinness AIRDRIE HARRIERS	2244	10.96 (543)	1.34m (449)	6.06m (275)	4.10m (331)	2:33.77 (646)
3 Lauren Hewitt LEIGH HARRIERS	1959	10.67 (592)	1.22m (331)	7.98m (398)	3.92m (290)	3:01.92 (348)
4 Isla Bamber PRESTON HARRIERS	1784	11.61 (441)	1.34m (449)	5.59m (245)	3.79m (261)	2:57.59 (388)
5 Enya Doran AIRDRIE HARRIERS	1762	10.56 (611)	1.19m (302)	5.21m (221)	4.17m (347)	3:09.61 (281)
6 Mairi Nicholson KILBARCHAN AAC	1557	11.22 (501)	1.13m (248)	4.61m (184)	3.40m (180)	2:51.91 (444)
7 Emily Allison CUMBERNAULD AAC	1442	12.62 (301)	1.25m (359)	6.73m (318)	4.17m (347)	3:33.51 (117)
8 Alexandra Montgomery CENTRAL AC	1430	12.00 (384)	1.16m (275)	5.12m (216)	3.12m (128)	2:53.62 (427)
9 Erin Longmuir CUMBERNAULD AAC	1383	12.39 (331)	1.25m (359)	4.70m (190)	3.52m (204)	3:07.49 (299)
10 Charlotte Thomas DUNFERMLINE TRACK & FIELD	1289	11.31 (487)	1.10m (222)	4.12m (154)	3.44m (188)	3:15.10 (238)
11 Molly Robinson DUNFERMLINE TRACK & FIELD	1183	12.87 (270)	1.22m (331)	3.66m (125)	3.21m (144)	3:05.79 (313)
12 Murrion Kane DUNFERMLINE TRACK & FIELD	1025	12.54 (311)	0.90m (71)	4.52m (178)	3.16m (135)	3:03.89 (330)
13 Caitlin Chalmers DUNFERMLINE TRACK & FIELD	757	14.84 (82)	0.90m (71)	5.14m (217)	2.85m (83)	3:06.92 (304)

Saturday 29th January Boys Indoor Pentathlon U15 Boys

	Points	60H	LJ	SP	HJ	800
1 Luke Pichler BLYTH RUNNING CLUB	2835	8.84 (781)	5.60m (502)	10.85m (537)	1.72m (560)	2:19.75 (455)
2 James Clark VP-GLASGOW AC	2638	9.76 (587)	5.56m (494)	10.19m (497)	1.54m (419)	2:07.52 (641)
3 Luc Macleod BANCHORY STONEHAVEN AC	2399	9.41 (658)	5.33m (447)	8.57m (400)	1.57m (441)	2:19.90 (453)
4 Lewis Miller CENTRAL AC	2243	9.96 (549)	5.64m (510)	9.02m (427)	1.54m (419)	2:28.69 (338)
5 Finlay Cunningham LIVINGSTON AC	1979	10.27 (491)	5.01m (384)	6.17m (259)	1.42m (331)	2:15.66 (514)
6 Herbie Kay BOLTON UNITED AC	1954	10.24 (497)	5.07m (396)	6.88m (300)	1.45m (352)	2:23.12 (409)
7 Ross Christie GALA HARRIERS	1739	12.48 (171)	4.83m (350)	8.27m (382)	1.57m (441)	2:24.21 (395)
8 Ross Mitchell KILMARNOCK H&AC	1642	10.47 (456)	4.60m (308)	7.68m (347)	1.54m (419)	2:51.77 (112)
9 Donald Ross TEAM EAST LoTHIAN	1498	10.54 (444)	4.34m (262)	7.13m (315)	1.42m (331)	2:47.41 (146)
10 Jamie Connor CENTRAL AC	1494	10.92 (381)	4.73m (332)	6.25m (263)	1.33m (270)	2:36.54 (248)

Saturday 29th January Boys Indoor Pentathlon U15 Boys

	Points	60H	LJ	SP	HJ	800

11 Innes McNicol KILMARNOCK H&AC		12.38	4.08m	6.86m	1.54m	2:54.66
	1210	(182)	(219)	(299)	(419)	(91)

12 Frazer Lees PITREAVIE AAC		12.19	4.17m	5.25m	1.36m	2:36.00
	1187	(204)	(234)	(205)	(290)	(254)

13 Joe Crawford SPRINGBURN HARRIERS		12.52	3.64m	5.55m	1.33m	2:39.89
	1023	(166)	(150)	(223)	(270)	(214)

14 Cameron Moore CENTRAL AC		11.86	3.60m	7.42m	1.27m	3:10.64
	967	(245)	(145)	(332)	(231)	(14)

Sunday 30th January Girls Indoor Pentathlon U15 Girls

	Points	60H	HJ	SP	LJ	800
1 Victoria Anestik FALKIRK VICTORIA HARRIERS	3063	9.45 (818)	1.38m (491)	10.63m (571)	5.11m (589)	2:38.17 (594)
2 Hannah McDermott VP-GLASGOW AC	3034	9.63 (783)	1.50m (621)	9.62m (505)	4.72m (485)	2:34.28 (640)
3 Senna Gorvett BLYTH RUNNING CLUB	2764	9.90 (731)	1.47m (588)	8.02m (401)	4.30m (379)	2:32.26 (665)
4 Ava Mitchell VP-GLASGOW AC	2641	9.74 (761)	1.41m (523)	9.55m (500)	4.42m (408)	2:51.42 (449)
5 Grace Elizabeth Malley WHITEMOSS AAC	2578	10.03 (706)	1.35m (460)	6.96m (332)	4.39m (401)	2:31.13 (679)
6 Jessie Caig VP-GLASGOW AC	2453	9.34 (840)	1.23m (340)	9.89m (522)	4.86m (522)	3:16.22 (229)
7 Naideen Dailly NORTH AYRSHIRE AAC	2303	10.97 (541)	1.38m (491)	7.27m (352)	4.01m (310)	2:36.91 (609)
8 Jaymee Brown NORTH AYRSHIRE AAC	2149	10.65 (595)	1.29m (399)	5.97m (269)	4.32m (384)	2:46.34 (502)
9 Millie Newall SPRINGBURN HARRIERS	2035	11.14 (514)	1.29m (399)	7.63m (375)	3.71m (244)	2:46.27 (503)
10 Charis Crawford SPRINGBURN HARRIERS	2031	10.85 (561)	1.38m (491)	5.22m (222)	3.87m (279)	2:48.65 (478)

Sunday 30th January Girls Indoor Pentathlon U15 Girls

	Points	60H	HJ	SP	LJ	800
11 Jemma Smith LIVINGSTON AC	11.87	1.38m	6.99m	4.14m	2:54.68	
	1983	(402)	(491)	(334)	(340)	(416)
12 Connie Bateman CENTRAL AC	10.91	1.17m	7.79m	4.32m	2:58.76	
	1982	(551)	(284)	(386)	(384)	(377)
13 Hannah Cameron BANCHORY STONEHAVEN AC	12.16	1.20m	6.42m	4.23m	2:43.31	
	1869	(362)	(312)	(298)	(362)	(535)
13 Ava Dunbar CUMBERNAULD AAC	11.23	1.23m	5.25m	3.92m	2:45.12	
	1869	(499)	(340)	(224)	(290)	(516)
15 Isla Penman BANCHORY STONEHAVEN AC	12.63	1.23m	5.76m	4.12m	2:51.51	
	1680	(300)	(340)	(256)	(336)	(448)
16 Rachel Barnett DUNFERMLINE TRACK & FIELD	12.67	1.23m	5.06m	3.76m	2:52.87	
	1535	(295)	(340)	(212)	(254)	(434)

Sunday 30th January Women Indoor Pentathlon U17 Women

	Points	60H	HJ	SP	LJ	800
1 Stroma Fraser INVERNESS HARRIERS AAC	3210	9.86 (738)	1.51m (632)	10.66m (573)	5.26m (631)	2:34.60 (636)
2 Darcie Black DUNFERMLINE TRACK & FIELD	3055	9.30 (848)	1.57m (701)	10.79m (581)	5.18m (609)	3:05.47 (316)
3 Carly Smith LIVINGSTON AC	3037	9.68 (773)	1.33m (439)	10.51m (563)	4.70m (479)	2:23.04 (783)
4 Nell McGregor NORTH AYRSHIRE AAC	2943	9.74 (761)	1.39m (502)	8.35m (422)	4.74m (490)	2:24.18 (768)
5 Zoe Loughrey VP-GLASGOW AC	2899	9.55 (798)	1.42m (534)	10.06m (533)	4.97m (551)	2:48.13 (483)
8 May Mannion EAST CHESHIRE HAR & TAMES	2722	10.16 (682)	1.39m (502)	8.16m (410)	4.81m (508)	2:35.97 (620)
9 Holly Gordon PITREAVIE AAC	2670	10.46 (629)	1.51m (632)	8.17m (410)	4.79m (503)	2:46.96 (496)
10 Lily Simon PITREAVIE AAC	2506	11.71 (426)	1.48m (599)	7.20m (348)	4.17m (347)	2:22.78 (786)

Sunday 30th January Women Indoor Pentathlon U17 Women

	Points	60H	HJ	SP	LJ	800
11 Esther Taylor HARMENY AC	2431	10.74 (580)	1.42m (534)	7.63m (375)	4.33m (386)	2:41.48 (556)
12 Madeline McGregor NORTH AYRSHIRE AAC	2354	10.78 (573)	1.45m (566)	8.11m (406)	4.17m (347)	2:50.20 (462)
13 Kirstin Penman DUNFERMLINE TRACK & FIELD	2320	10.11 (692)	1.39m (502)	7.52m (368)	4.37m (396)	3:00.39 (362)
14 Lucy Boules LIVINGSTON AC	2306	10.11 (692)	1.42m (534)	7.36m (358)	4.30m (379)	3:02.42 (343)
15 Holly Slater GIFFNOCK NORTH AC	2243	10.81 (568)	1.33m (439)	6.27m (288)	4.86m (522)	2:53.73 (426)
16 Cara Slater GIFFNOCK NORTH AC	2205	10.94 (546)	1.48m (599)	6.39m (296)	4.37m (396)	2:59.65 (368)
17 Cara Weir GIFFNOCK NORTH AC	2200	10.73 (582)	1.45m (566)	8.51m (432)	4.27m (371)	3:13.56 (249)
18 Ellie McGee ABERDEEN AAC	2054	10.17 (681)	1.30m (409)	7.31m (355)	4.24m (364)	3:14.19 (245)
19 Mia Sokoluk LIVINGSTON AC	1938	10.71 (585)	NH (0)	8.36m (423)	4.18m (350)	2:39.39 (580)

Sunday 30th January Women Indoor Pentathlon U20 Women

	Points	60H	HJ	SP	LJ	800
1 Amy Kennedy CUMBERNAULD AAC	3660	9.17 (875)	1.63m (771)	12.33m (683)	5.34m (654)	2:31.26 (677)
2 Rosella Togo BURY AC	3563	9.09 (891)	1.60m (736)	10.88m (587)	5.36m (660)	2:30.29 (689)
3 Neve Davenport TRAFFORD AC	3390	9.43 (822)	1.54m (666)	10.56m (566)	5.26m (631)	2:29.05 (705)
4 Ellise Fryer-francis SALE HARRIERS	3313	9.59 (791)	1.60m (736)	10.30m (549)	5.31m (645)	2:38.31 (592)
5 Hannah Wallace CUMBERNAULD AAC	3080	9.30 (848)	1.57m (701)	7.98m (398)	5.16m (603)	2:43.83 (530)
6 Brooke Dunlop KILMARNOCK H&AC	3072	9.68 (773)	1.60m (736)	7.91m (394)	4.89m (530)	2:34.38 (639)
7 Ashley Watson HARTLEPOOL YOUTH AC	3019	9.00 (910)	1.45m (566)	9.18m (476)	4.98m (554)	2:45.40 (513)
8 Emily Stratton FALKIRK VICTORIA HARRIERS	2894	10.61 (602)	1.60m (736)	7.31m (355)	4.74m (490)	2:28.60 (711)
9 Katherine Fowler CENTRAL AC	2814	9.94 (723)	1.51m (632)	8.17m (410)	4.38m (398)	2:33.43 (651)
10 Isla Raeburn KILMARNOCK H&AC	2750	10.73 (582)	1.51m (632)	8.96m (462)	4.76m (495)	2:39.44 (579)

Sunday 30th January Women Indoor Pentathlon U20 Women

	Points	60H	HJ	SP	LJ	800

11 Emily Happell AYR SEAFORTH AC		10.22	1.36m	7.28m	4.37m	2:43.28
	2427	(672)	(470)	(353)	(396)	(536)

12 Lynn Harvey PITREAVIE AAC		11.30	1.33m	6.71m	4.43m	2:29.68
	2351	(488)	(439)	(316)	(411)	(697)

13 Ellen Montgomery CENTRAL AC		11.22	1.27m	6.89m	4.21m	2:49.64
	2032	(501)	(379)	(328)	(357)	(467)

Sunday 30th January Women Indoor Pentathlon Senior Women

	Points	60H	LJ	SP	HJ	800

1 Emma Canning EDINBURGH AC		9.03	5.84m	9.12m	1.63m	2:19.86
	3773	(904)	(801)	(472)	(771)	(825)

2 Anna Forbes VP-GLASGOW AC		9.92	5.32m	8.83m	1.57m	2:35.66
	3153	(727)	(648)	(453)	(701)	(624)

3 Phoebe Lewis NORTH AYRSHIRE AAC		11.19	4.44m	7.69m	1.39m	2:53.61
	2227	(506)	(413)	(379)	(502)	(427)

4 Emma Kelly KILBARCHAN AAC		11.79	4.04m	6.66m	NH	2:42.34
	1590	(414)	(317)	(313)	(0)	(546)

4J Studios scottishathletics Indoor Combined Events Championships

Sat 29th and Sun 30th January 2022

Emirates Arena, Glasgow

Sat 29th & Sun 30th January Men Heptathlon U17 Men

	Points	60	LJ	SP	HJ Day1	60H	PV	1000
1 Daniel Martin GIFFNOCK NORTH AC	4306	7.58 (687)	6.37m (668)	11.88m (599)	1.68m (528)	8.48 (865)	3.27m (423)	3:13.77 (536)
2 James Harney EAST CHESHIRE HAR &	4206	7.61 (678)	5.50m (481)	10.73m (530)	1.80m (627)	9.04 (737)	3.27m (423)	2:53.43 (730)
3 Ben Heron NORTH AYRSHIRE AAC	4089	7.56 (694)	6.29m (650)	8.57m (400)	1.62m (480)	8.73 (806)	2.77m (303)	2:50.95 (756)
4 Finn Bryce ABERDEEN AAC	3361	8.05 (545)	5.53m (487)	9.16m (435)	1.50m (389)	9.60 (619)	2.67m (280)	3:06.11 (606)
5 Dylan Gee NORTH AYRSHIRE AAC	2982	7.92 (583)	5.21m (423)	8.20m (378)	1.50m (389)	10.26 (493)	2.37m (214)	3:17.61 (502)
6 Tom Palmer ELGIN AAC	2748	8.83 (343)	5.01m (384)	7.17m (317)	1.53m (411)	9.61 (617)	NH (0)	2:58.84 (676)

Sat 29th & Sun 30th January Men Heptathlon U20 Men

	Points	60	LJ	SP	HJ Day1	60H	PV	1000
1 William Hodi NAIRN AREA AAC	4993	7.45 (729)	6.57m (713)	10.89m (539)	1.86m (679)	8.35 (896)	3.97m (609)	2:44.15 (828)
2 Louis Morrison TRAFFORD AC	4558	7.39 (749)	6.33m (659)	11.00m (546)	1.74m (577)	8.49 (862)	3.37m (449)	2:54.85 (716)
3 Alister Mackay INVERNESS HARRIERS	4487	7.55 (697)	6.23m (637)	13.77m (714)	1.80m (627)	8.98 (750)	3.57m (501)	3:10.89 (561)
4 Jonathan Cameron INVERCLYDE AC	3531	7.79 (622)	6.18m (626)	7.51m (337)	1.71m (552)	9.26 (690)	NH (0)	2:55.97 (704)
5 Dakota Sattar VP-GLASGOW AC	3505	7.58 (687)	5.79m (542)	10.76m (531)	1.62m (480)	9.72 (595)	2.47m (235)	3:25.60 (435)
6 Dean Murdoch ELGIN AAC	3434	7.87 (598)	5.62m (506)	10.57m (520)	1.50m (389)	9.85 (570)	2.27m (193)	3:00.65 (658)
7 Lewis Vick NORTH AYRSHIRE AAC	2659	8.39 (452)	5.13m (407)	6.87m (300)	1.59m (457)	11.62 (277)	2.37m (214)	3:11.91 (552)
8 Ross Lawrie CENTRAL AC	2432	8.27 (484)	4.97m (377)	8.50m (396)	1.50m (389)	12.02 (224)	NH (0)	3:10.81 (562)
9 Euan Wallace CUMBERNAULD AAC	1994	8.09 (534)	5.65m (512)	7.24m (321)	1.80m (627)	1994 (0)	(0)	(0)

4J Studios scottishathletics Indoor Combined Events Championships

Sat 29th and Sun 30th January 2022

Emirates Arena, Glasgow

Sat 29th & Sun 30th January Men Heptathlon Senior Men

	Points	60	LJ	SP	HJ Day1	60H	PV	1000	
1 Howard Bell KILBARCHAN AAC	7.38	7.03m	12.67m	1.92m	8.58	4.47m	2:53.78		
	5269	(752)	(821)	(647)	(731)	2951	(841)	(751)	(726)
2 Matthew Chandler KILBARCHAN AAC	7.70	6.22m	11.15m	1.71m	9.21	3.57m	3:04.14		
	4217	(650)	(635)	(555)	(552)	2392	(700)	(501)	(624)
3 Eden Duff KILBARCHAN AAC	7.88	5.54m	8.91m	1.50m	DQ	NH	3:18.76		
	2386	(595)	(490)	(420)	(389)	1894	(0)	(0)	(492)

Sat 29th & Sun 30th January Men Heptathlon Mas Men

	Points	60	LJ	SP	HJ Day1	60H	PV	1000	
1 Derek Warn 55 SOUTHAMPTON AC	9.90	4.03m	8.24m	1.27m	13.17	2.40m	4:52.48		
	2669	(396)	(437)	(513)	(426)	1772	(327)	(396)	(174)